# ROYAL PAGES

2019

A directory of programs and services geared toward the senior and disabled population



Presented by Clark County Social Service Senior Services



# **Table of Contents**

4
5
8
10
12
14
15
17
18
19
21
23
24
25
27
31
32
33
34
38
39
40
42
43
44
45
47

# **Important Phone Numbers**

Your local police department: 311

Nevada 211: 211

Attorney General's Office: 702-486-3420 Nevada Highway Patrol: 702-486-4100

**Fire Departments** 

Boulder City: 702-293-9228

City of Las Vegas: **702-383-2888** 

Clark County: 702-455-7311 Henderson: 702-267-2222 N. Las Vegas: 702-633-1102

**Local Utilities** 

Las Vegas Sewer: 702-229-1289

Las Vegas Valley Water District: 702-870-4194

N. Las Vegas: 702-633-1484 NV Energy: 702-402-5555

Republic Services: 702-735-5151 Southwest Gas: 877-860-6020

**Non-Emergency Police** 

Boulder City: **702-293-9224** 

City of Las Vegas: 702-828-3111

Henderson: 702-267-5000

Lauahlin: 702-298-2223

N. Las Vegas: 702-633-9111

Office of Emergency Management

American Red Cross: 702-791-3311

Boulder City: 702-293-9228

City of Las Vegas: 702-229-6501

Clark County: 702-455-5710

E.B.I.: 702-385-1281

Henderson: 702-267-2275 N. Las Vegas: **702-633-2145** 

Secret Witness: 702-385-555

# **Clark County Social Service** 702-455-4270

**Cambridge Annex Office** 

3885 S. Maryland Pkwy

Las Vegas, NV 89119

**Community Resource Center** 

2432 N. Martin Luther King Blvd. D North Las Vegas, NV 89032

Fertitta Office

1504 Las Vegas Blvd North

Las Vegas, NV 89101

**Henderson Office** 

522 E. Lake Mead Pkwy, Suite 4 Henderson, NV 89015

Pinto Office (Main)

1600 Pinto Lane Las Vegas, NV 89106

Michael J. Pawlak, Director Randy Reinoso, Assistant Director

Social Service works to verify that contact numbers and information about other agencies listed are accurate. However, we are not responsible for the continuous tracking of services offered by outside agencies. To be sure an agency offers a service listed under its organization name please call the agency for up-to-date information. Thank you.

# **Adult Day Care**

# A New Day Adult Day Care

3672 N. Rancho — Las Vegas, NV 89130

#### 702-685-1600

# A New Day Adult Day Care II

542 - 544 S. Decatur Blvd — Las Vegas, NV 89107

702-685-1841

- Provides socialization, personal care, grooming, medication management, meals, physical and mental health exercises, education in managing home health care and more

# Easter Seals of Southern Nevada

7281 W. Charleston — Las Vegas, NV 89117

#### 702-870-7050

- Provides a safe group environment with coordinated health and social services to adults and seniors with disabilities and special needs - Provides community activities that will enhance self help, socialization, and daily living skills

# **Nevada Adult Day Healthcare Centers**

2008 S. Jones Blvd. — Las Vegas, NV 89146

702-319-4600

8695 S. Eastern Avenue — Las Vegas, NV 89123

702-778-1234

330 N. 13th Street — Las Vegas, NV 89101

#### 702-384-3746

- Provides senior and disabled participants with personalized day care programs that are designed to stimulate, educate, socialize and exercise to achieve optimal functional level with a maximum reduction of mental or physical disability - Nursing services, meals, medication management, podiatry, mobile dental services - Physical, speech, music and occupational therapies

# **Nevada Senior Services Adult Day Care Centers**

1201 Nevada State Drive — Henderson, NV 89002

702-368-2273

901 N. Jones Blvd. — Las Vegas, NV 89108

#### 702-648-3425

- Provides a brain injury program helping those with Alzheimer's and traumatic brain injury - Comprehensive geriatric assessment - Case management - Chronic Disease Self Management - Caregiver support groups - Provides a therapeutic and social/recreational experience for participants as well as respite for caregivers: Activities include arts & crafts, exercise, music, games, and entertainment - Breakfast and lunch served daily - Friendly and professional licensed nurses and social workers

# Ray of Sunshine Adult Day Care

7720 W. Sahara, Suite 104 — Las Vegas, NV 89117

#### 877-904-9127

- Provides day care services to seniors in a warm, caring and respectful environment - Provides games and activities such as bingo, discussion groups, karaoke, arts and crafts, stretching and gentle exercise, holiday and birthday celebrations

# Silver State Adult Day Care

2500 W. Washington — Las Vegas, NV 89106

#### 702-631-8000

- Provides day care services for seniors and disabled individuals - Services include: On-site activities, day trips, arts & crafts, games, dietician consultant, on-site registered nurse, meals, transportation and more - Accepts full Nevada Medicaid, private pay, VA (case by case) clients, Aging & Disability Services, and respite care vouchers





easterseals

# **Advocates / Ombudsmen**

# **Aging & Disability Services Division**

1860 E. Sahara Avenue — Las Vegas, NV 89104

# **Community Advocates**

702-486-3545

- Provides advocacy, and assistance to primarily homebound, frail seniors age 60 and over - Resources and information to any older adult, their family and friends, and/or community and advocacy groups - Conduct public presentations relevant to Aging and Disability Services Division's programs and services - Outreach to locate and identify resources and services

# **Elder Protective Services**

# 702-486-6930 or 888-729-0571

- Provides protective services for persons age 60 and over who may experience abandonment, abuse, neglect, isolation, or financial exploitation - Investigation begins within three working days of report - Individual must be willing to accept services offered

# Long-Term Care Ombudsman

### 702-486-3545

- Addresses issues and problems faced by residents age 60 and over who reside in skilled nursing facilities, group homes or large assisted living facilities - Advocates for residents seeking assistance and resolution, resolving complaints and advocating for good individualized care - Provide information regarding the admission process to long term care facilities - Education to inform residents, families, facility staff and others on a variety of issues related to aging, long term care and resident's rights

# Senior Medicare Patrol (Nevada SMP)

#### 702-486-3403 or 888-838-7305

- Investigates Medicare errors, waste, and abuse Works to prevent Medicare beneficiaries from being victims of fraud
- Presentations and speakers available for education about Medicare fraud and abuse and prevention of health care identity theft

# State Health Insurance Assistance Program (SHIP)

#### 800-307-4444

- Provides information, counseling and assistance regarding Medicare programs - Assists with enrollment - Provides free one-on-one assistance and counseling to seniors who experience problems or concerns with Medicare, supplemental health insurance and long-term care options

### Better Business Bureau of Southern Nevada

6040 S. Jones Blvd — Las Vegas, NV 89118

#### 702-320-4500

- Disseminates information on Southern Nevada companies to the public Handles complaints and inquiries Reliability reports
- Business networking Mediation and arbitration services between companies and consumers to resolve issues

#### Blind Center of Nevada

1001 N. Bruce Street — Las Vegas, NV 89101

# 702-642-6000

- Advocacy for blind or visually impaired persons - Social programs - Empowers blind persons to increase their independence

# Clark County Neighborhood Justice Center

330 S. 3<sup>rd</sup> Street, Suite 600 — Las Vegas, NV 89101

#### 702-455-3898

- Provides free information, referral and mediation services to residents who have disputes with neighbors, consumer/merchants, family members, landlords/tenants, employer/employee or hospital-doctor/patient







# **Advocates / Ombudsmen**

# Clark County Public Administrator/Guardian

515 Shadow Lane — Las Vegas, NV 89106

#### 702-455-4332

- The Public Administrator is elected to oversee the property of deceased persons who do not have someone who is willing and able to handle their estate
- The Public Guardian is lawfully charged with the duty of taking care of an individual or their property when it is determined that they are unable to do so

#### **Deaf Centers of Nevada**

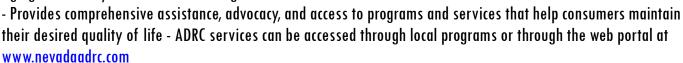
3120 S. Durango, Suite 301 — Las Vegas, NV 89117

#### 702-363-3323

- A non-profit organization that is an advocate for the rights of full and equal access to education, employment and improving the quality of lives of deaf, hard of hearing, late-deafened and deaf/blind individuals

#### **Nevada Care Connection**

Aging & Disability Resource Center Program



# Nevada Department of Business & Industry

# **Consumer Affairs**

3300 W. Sahara Avenue, Suite 425 — Las Vegas, NV 89102

# 702-486-2750

- Investigates deceptive trade or fraudulent business practices, deceptive or false advertising, fraud, scams, and violations listed in NRS Chapter 598 - Consumers should attempt to resolve complaints with businesses first and document actions taken

# **Division of Insurance, Consumer Services**

#### 888-872-3234

- Consumer protection agency for the business of insurance in Nevada - Responds to inquiries regarding the activities of insurance companies, insurance, bail, and title agents, and other regulated entities

# Manufactured Housing-Landlord/Tenant Relations

3300 W. Sahara Avenue, Suite 320 — Las Vegas, NV 89102

#### 702-486-4135

- Investigates complaints made by tenants against mobile home park management or owners - All complaints are confidential and must be made in writing - Mediation may be required to resolve disputes - Investigators ensure that park landlords and residents are both complying with NRS118B

# **Ombudsman of Consumer Affairs for Minorities**

#### 702-486-4575

- Provides education, outreach, and service programs for minority groups pertaining to consumer fraud and/or deceptive trade practices, business outreach and advocacy, affordable housing for minorities and workforce and workplace issues of minorities

# Real Estate Division, Office of the Ombudsman

3300 W. Sahara Avenue, Suite 325 — Las Vegas, NV 89102

#### 702-486-4480

- Works to resolve formal complaints and disputes between residents and Common-Interest Communities (HOAs) through the Intervention Affidavit process





# **Advocates / Ombudsmen**

#### **Nevada State Contractors Board**

2310 Corporate Circle, Suite 200 — Henderson, NV 89074

# 702-486-1100

- Promotes quality construction by Nevada licensed contractors through a regulatory licensing system designed to protect the health, welfare, and safety of the public



921 American Pacific Drive, Suite 300 — Henderson, NV 89014

#### 702-451-4203

- Provides comprehensive advocacy services to victims of domestic violence and abuse - Assists in completing and filing Temporary Protection Orders - Provides advocacy through the justice system - Case management - Safety planning - Transitional resources and support - Shelter provided in confidential locations - 24 hour hotline: **702-564-3227** 

# Silver State Fair Housing Council

2920 S. Jones Blvd #230 - Las Vegas, NV 89146

#### 702-749-3288

- Provides enforcement activities to ensure equal housing opportunity for all Nevada residents - Provides outreach and education programs that address the needs of housing consumers, providers and local governments - Works to break down barriers to housing - Answers questions about housing discrimination and assists clients in requesting reasonable accommodations

# Southern Nevada Center for Independent Living

2950 S. Rainbow Blvd., Suite 220 — Las Vegas, NV 89146

#### 702-889-4216

- No-cost services for persons whose permanent disability is creating a barrier toward independent living - Empowers disabled persons to make their own decisions, manage their own affairs, fulfill social roles and achieve independent lifestyles in the community

#### State of Nevada

# Consumer Health Assistance & Bureau for Hospital Patients

555 E. Washington Avenue, Suite 4800 — Las Vegas, NV 89101

# 702-486-3587 or 888-333-1597

- Advocates for patients' rights by providing help for Nevadans with health related concerns such as hospital bills, provider bills, prescription needs, medical benefits, appeals, insured or uninsured and workers compensation - Helps Nevadans understand laws and will review charges billed to a patient - Can provide consumer assistance regarding billing disputes: Assists in negotiating discounts or setting up payment arrangements - Assists with enrollment in the Health Insurance Marketplace

- A case can be opened via phone or via email: CHA@OCHA.nv.gov - Forms are available on website: http://dhhs.nv.gov under Programs - All services are free

# **Public Utilities Commission of Nevada**

# **Consumer Complaint Resolution Division**

9075 W. Diablo Drive, Suite 250 — Las Vegas, NV 89148

# 702-486-2600

- Acts as an intermediary between consumers and utility services such as gas, electric, water, and certain telecommunication providers which are regulated by the Commission - Assists with billing disputes, service quality problems, and other issues

- Holds consumer sessions to discuss rate increases/decreases which are proposed by utilities







# **Assisted Care Services**

# A Gentle Touch

2001 S. Jones, Suite K — Las Vegas, NV 89146

#### 702-202-3452

- Provides a range of services such as light housekeeping, shopping, errands, meal preparation, pet care, companionship - Will accompany clients to doctor appointments, medication reminders, respite care, cancer care, memory care, hygiene assistance and more - Free consultations

# **ABC Home Health**

3885 S. Decatur Blvd., Suite 1060 — Las Vegas, NV 89103

#### 702-248-7781

- Provides skilled nursing in the familiar environment of the patient's own home, Certified Nursing Assistance assists with bathing, personal hygiene, meal preparation, housekeeping, home exercise, etc. - Medical social worker - Occupational, physical and speech language therapy

# **ABLE Home Care Solutions**

801 S. Rancho, Suite E2B — Las Vegas, NV 89106

#### 702-586-2763

- Provides personal care services for the elderly and disabled who need assistance with bathing, grooming, dressing, shopping, errands, laundry, transportation, picking up prescriptions, etc. - A Client Care Coordinator will perform a free in-home care assessment and develop a service plan - Available by phone 24 hours a day - Care available in English, Spanish and Tagalog

# **Aging & Disability Services Division**

Community Service Options Program for the Elderly (COPE)

# **Home & Community Based Waiver (HCBW)**

1860 E. Sahara Avenue — Las Vegas, NV 89104

# 702-486-3545

- Provides non-medical services to persons age 65 or older who are at risk of nursing home placement - Personal Care - Social Adult Day Care - Adult Companionship - Chore Service - Personal Emergency Response System - Homemaker - Case management - Provides short-term relief up to 24 hours for primary caregiver.

# **Homemaker Program**

- Provides services that enable chronically ill, disabled, or aged persons to remain in their homes - In-home care services are meant to help preserve or improve the quality of the recipients' lives and reduce the need for unnecessary out-of-home care

# **CANA Home Health Agency**

4535 W. Sahara Avenue Suite 204 — Las Vegas, NV 8910

#### 702-331-0643

- Provides skilled nursing: Treatment, injections, catheter care, medication supervision, and more Occupational therapy
- Speech therapy Nutritional guidance Durable medical equipment Social services to help patients and their families cope with the emotional and personal impact of illness

# Clark County Social Service

702-455-8645

#### **Alternative Health Care**

- Provides short-term homemaking services to assist recuperating patients so they may remain in their own homes

#### Homemaker Home Health Aide

- Provides homemaking and personal care services for aging and disabled persons to help them remain in their own homes







# **Assisted Care Services**

# **Dynamic Nursing**

2865 S. Jones Blvd. — Las Vegas, NV 89146

#### 702-388-1700

- Provides custodial care such as bathing, meal preparation, medication reminders, shopping, laundry, transportation, light housekeeping, dressing & grooming assistance, and ambulation & transfer assistance - Provides skilled nursing where RNs and licensed therapists assist with home medical care: Wound care, catheter care, injections, blood drawing, medication review, etc.

# Good Shepherd Home Health Services 702-893-3333

- Provides professional healthcare and rehabilitation services in the home of patients under the direction of their physician - Services include: Skilled nursing, physical therapy, wound management, and pain management - Care is provided by home health aides, speech language pathologists, occupational therapists, nurses, physical and occupational therapists, and medical social workers

# Heavenly Angels Home Care Services 702-778-7440



- Provides non-medical personal care such as grooming, dressing, personal hygiene, meal preparation
- Companion sitter assists with light housekeeping, errands and escort to appointments Homemaker assists with dusting and changing bed sheets

# Home Life Concierge 702-964-9800



- Personal assistance and lifestyle management services: Personalized shopping and delivery, walk and check on pets, book doctor appointments, home organization, move assistance (pack/unpack) - Helps elderly with reading newspapers, books, and magazines - Companionship - Senior discounts

# **Homewatch Caregivers**

#### 702-341-8600

- Provides home care services such as laundry assistance, light housekeeping, personal care - Assists with maintaining diet, physical activity and physician recommended medications - Companionship - Mobility assistance at home, errands, and trips to appointments

# Right At Home

2911 N. Tenaya Way #106 — Las Vegas, NV 89128

# Right at Home

#### 702-367-3400

- Provides assistance with bathing, dressing, housekeeping, meal preparation, transportation, laundry and companionship
- Accepts Helping Hands voucher, LTC insurance and VA aide and attendance

#### State of Nevada

Facility Outreach & Community Integration Services (FOCIS)

#### 702-668-4200

- Money Follows the Person: A statewide program that gives Nevadans currently living in nursing homes or other institutions the opportunity to transition back into their communities - Provides community based services and support that allow individuals to remain independent - Services can include: Personal care, home health, durable medical equipment, adult day health care, personal emergency response system, non-emergency transportation - Financial assistance with housing deposits, moving expenses, furniture, etc.

# **Chronic Disease Programs**

# **ALS Association Nevada Chapter**

3191 E. Warm Springs Road — Las Vegas, NV 89120

### 702-777-0500

- Home visits to ALS patients and caregivers are done to discuss lifestyle changes and to offer suggestions on home adaptations
- Work to provide emotional, physical, and financial assistance to those afflicted with ALS Equipment loans when available

# Alzheimer's Association

Care Partners Reaching Out (CarePRO)

#### 702-248-2770

- Provides a series of skill-building workshops for persons caring for loved ones who are coping with dementia such as Alzheimer's disease and related disorders - Caregivers are trained in ways to manage stress and techniques to help them cope with the disease and communicate better with loved ones who suffer from memory loss

# **American Cancer Society**

6165 S. Rainbow Blvd. #12 — Las Vegas, NV 89118

# 702-798-6877 or 702-731-8885 for Patient Navigator

- Look Good Feel Better: Skin care, make-up class, free wigs, bras, ostomy supplies, cancer info and other gift items - Patient Navigator is able to assist patients with non-medical questions and offer services to support physical, psychological, social, and financial issues - Hope Lodge: Offers cancer patients and their caregivers a free place to stay when their best hope for effective treatment may be in another city

#### Arthritis Foundation

P.O. Box 33816 — Las Vegas, NV 89133

- Provides programs to help those who suffer with arthritis - Programs are designed to help sufferers live and enjoy life with less pain - Exercise classes - Walk With Ease program - Aquatics

#### Asbestos.com

Mesothelioma Center

#### 877-285-0533

- Advocacy group that helps the victims of asbestos exposure and their loved ones - All services are free and include: Matching patients up with qualified doctors in their area, providing access to an on-staff nurse, support group for asbestos victims and their families - The latest data on asbestos and asbestos-related diseases to ensure an accurate, up-to-date website

# Chronic Disease Self-Management Program 702-648-3425

If you are an adult age 55 or older and have arthritis, diabetes, heart or lung problems, high blood pressure, cancer or another chronic condition, this free, six-week Stanford University Chronic Disease Self Management Program can help improve your daily life.

During this six-week program you will learn:

How to set personal goals and develop the skills to better manage difficult emotions such as depression, anger, frustration and fear and more - Skills to meet the daily challenges of living with a chronic disease: Communication skills - Relaxation techniques

- Community resources - Practical exercises - How to optimize your patient/doctor relationship







# 702-367-1626 or 800-477-7679



# **Chronic Disease Programs**

# Cleveland Clinic Lou Ruvo Center for Brain Health

888 W. Bonneville — Las Vegas, NV 89106

# 702-483-6000

- Offers educational resources to patients and their families - Provides explanation on the effects of Alzheimer's along with symptoms and diagnosis of the disease - Brainercize: Gives seniors tips on how to keep their brains active and help prevent dementia - Keep Memory Alive: Creates greater awareness of neurocognitive disorders and educates afflicted persons on cutting edge treatments, research and caregiver services



# Hemophilia Foundation of Nevada

222 S. Rainbow Blvd. #203 — Las Vegas, NV 89145

### 702-564-4368

- Non-profit consumer advocacy group dedicated to finding better treatments and cures for bleeding and clotting disorders
- Works to prevent the complications of these disorders through education, advocacy and research

# Leukemia & Lymphoma Society

6280 S. Valley View Blvd., Suite 342 — Las Vegas, NV 89118

#### 702-436-4220

- Co-pay Assistance Program: Helps those afflicted with cancer pay insurance premiums and meet co-pay obligations - Assists in locating other financial assistance programs

# **National Multiple Sclerosis Society**

2110 E. Flamingo, Suite 203 — Las Vegas, NV 89113

### 702-736-7272

# 1-800-344-4867 for MS Navigator

- Provides assistance in the areas of in-home services, chore services, respite, and financial to help with unexpected one-time emergencies for food, rent and utilities for those afflicted with MS - Program for veterans with MS - Provides list of pharmaceutical programs that help with the cost of MS medications - MS Navigator helps identify solutions and provides access to resources

#### Susan G. Komen for the Cure

1091 S. Cimarron Road, Suite A4 — Las Vegas, NV 89145

# 702-822-2324

- Provides crucial breast health education - Screening services - Financial support to women, men and their families who have been touched by breast cancer

# **The Caring Place**

4425 S. Jones Blvd., Suite 1 — Las Vegas, NV 89103

#### 702-871-7333

- Offers therapies, education and information as a complement to medical treatment for cancer patients, their families and friends - Healing therapies such as yoga, meditation, Tai Chi, Pilates, reflexology and guided imagery



LEUKEMIA & LYMPHOMA





# **Counseling & Support Groups**

# **A Complete Care Support Services**

3130 S. Rainbow Blvd #304 — Las Vegas, NV 89146

#### 702-202-3374

- Provides counseling, case management services, peer to peer services, senior activity center, and therapies such as grief, group, psychological, family and occupational - Medical and health care referrals, intensive outpatient services and advocate services

# Alzheimer's Association

5190 S. Valley View Blvd #104 — Las Vegas, NV 89118

# 702-248-2770

- Provides a variety of specialized support groups for those who are dealing with the challenges of Alzheimer's or dementia
- Support groups are held in Henderson, Las Vegas, Pahrump, Laughlin and the Summerlin areas Provides Helpline/Information and referral 24 hours a day along with education, family care consultations, and early stage programs

# Barbara Greenspun Womens *Care* Centers of Excellence 702-616-4900

7720 S. Cimmaron #195

2651 Paseo Verde Pkwy #180

98 E. Lake Mead Pkwy, #301

Las Vegas, NV 89113

Henderson, NV 89074

Henderson, NV 89015

- Offers peer counseling to seniors age 50 and over to help meet the emotional needs of older adults - Confidential, personal, and supportive counseling to those facing challenges and concerns of aging such as loneliness, loss and bereavement, health problems, relationships and retirement

#### Blind Center of Nevada

1001 N. Bruce Street — Las Vegas, NV 89101

#### 702-642-6000

- Peer support for blind and visually impaired persons of all ages

# **BlindConnect**

5165 W. Sunset Road — Las Vegas, NV 89118

#### 702-631-9009

- Peer support for blind and visually impaired adults
- Telephone contact Social gatherings

# **Center for Compassionate Care**

4131 Swenson Street — Las Vegas, NV 89119

#### 702-796-3167

- Counseling arm of Nathan Adelson Hospice Provides a variety of free support groups for those affected by grief and loss
- Offers individual, couples, and family counseling Sliding fee scale

# **Divorced & Widowed Adjustment, Inc.**

P.O. Box 12042 — Las Vegas, NV 89112

#### 702-735-5544

- Offers several types of free, weekly, on-going support groups to help individuals deal with the death of a loved one or loss of a relationship - Support groups offer emotional support to help individuals who are widowed, divorced or separated - Also offers support groups for bereavement of murder and suicide victims and loss of pet

#### Friends of Parkinson's

2400 N. Tenaya Way — Las Vegas, NV 89128

#### 702-381-4141

- An organization that works with those with Parkinson's disease, their families, and caregivers by bringing awareness, education and training - Veteran's Involved Parkinson's support group - Visit friendsofparkinsons.org for information on support group times and locations



# **Counseling & Support Groups**

# **Jewish Family Services**

2309 B Renaissance Drive — Las Vegas, NV 89119

#### 702-732-0304

- Offers individual and group counseling to inspire clients to live up to their full potential - Counseling is available in the following areas: Anxiety and OCD, depression and bi-polar disorder, PTSD, substance abuse, grief loss, divorce, chronic illness, employment stress, relationship concerns and more - Most insurances accepted, discounts or sliding fee scale can be arranged for the uninsured

#### **Nevada Senior Services**

Care Consultation

#### 702-333-1556 or 702-364-2273

- Offers a 12-month telephone-based information and support service for caregivers - Provides ongoing help to find practical solutions related to concerns about health, care and well-being - A customized plan is developed and coaching is provided to support and empower participants by addressing and resolving issues

# **PFLAG of Boulder City**

P.O. Box 61162 — Boulder City, NV 89006

#### 702-241-4050

- Provides support for families, friends, and people who are LGBTQ - Education about the unique challenges of being LGBTQ - Advocacy to change attitudes and create inclusive policies that work toward full equality

Nevada Senior Services, Inc.

#### S.A.F.E. House

921 American Pacific, Suite 300 — Henderson, NV 89014

#### 702-451-4203 or 24 hour hotline 702-564-3227

- Committed to stopping abuse in the family environment by providing counseling, crisis intervention, education and advocacy
- Shelter assistance for abuse victims

# Southern Nevada Center for Independent Living

2950 S. Rainbow Blvd., Suite 220 — Las Vegas, NV 89146

#### 702-889-4216

- Provides peer counseling and other resources for individuals with significant disabilities - Also provides counseling on Supplemental Security Income and Social Security Disability Income Back-to-work benefits

#### The Center

Aging Communities Together/ Senior Drop In

401 S. Maryland Pkwy — Las Vegas, NV 89101

#### 702-733-9800

- Offers a variety of support and social groups - Fun, safe, inclusive space for adults age 50 and over - Enjoy activities, games, films, and education with peers - Free to LGBTQ and allied individuals - Men's Mondays, Transgender Tuesdays, Women's Wednesdays, Inclusive Thursdays, Free-for-all Fridays from 10:30am - 2pm







# **Crime & Fraud Prevention**

# **Aging & Disability Services Division**

**Elder Protective Services** 

1860 E. Sahara Avenue — Las Vegas, NV 89104

# 702-486-6930 or 888-729-0571

- Provides protective services for persons age 60 and over who may experience abuse, neglect, isolation, and financial exploitation

Nevada SMP

#### 702-486-3403 or 888-838-7305

- Investigates Medicare errors, waste, and abuse Works to prevent Medicare beneficiaries from being victims of fraud
- Presentations and speakers available for education about Medicare fraud and abuse and prevention of health care identity theft

# Citizen Review Board

330 S. 3<sup>rd</sup> Street #670 — Las Vegas, NV 89101

#### 702-455-6322

- Independent civilian oversight agency which investigates complaints of misconduct by peace officers of the Las Vegas Metropolitan Police Department in the performance of their duties

# **Clark County District Attorney**

Victim Witness Assistance Center 200 Lewis Avenue — Las Vegas, NV 89101

#### 702-671-2525

- Provides assistance for victims and witnesses of crimes during court cases

# Las Vegas Metropolitan Police Department

Headquarters

400 S. Martin Luther King Blvd.

Las Vegas, NV 89106

702-828-3111

# Las Vegas Metropolitan Police Department.





#### **Area Commands**

#### **Bolden**

1851 Stella Lake Closed to the public 702-828-3347

# **Enterprise**

6975 Windmill Lane Mon—Fri 9am - 5pm 702-828-2843 or 702-828-2844

#### **South Central**

4860 S. Las Vegas Blvd Closed to the public 702-828-8272

#### **Convention Center**

750 Sierra Vista (Sierra Vista/Swenson) Mon—Fri 9am - 5pm

702-828-6430

#### Northeast

3750 Cecile Avenue Mon—Fri 9am - 5pm 702-828-4348 or 702-828-4349

#### Southeast

3675 E. Harmon Closed to the public 702-828-3206

#### Downtown

621 N. 9th Street Closed to the public 702-828-4348 or 702-828-4349

#### **Northwest**

9850 W. Cheyenne Mon—Fri 9am - 5pm 702-828-3426

# **Spring Valley**

8445 Eldora Street Mon—Fri 9am - 5pm 702-828-2640

# **Disability Resources**

# Accessible Space Inc.

702-259-1903



- Nevada Community Enrichment Program provides treatment to persons with brain injuries - Offers a full range of therapeutic services including occupational, physical and speech therapy - ASI provides affordable housing that is customized for persons with disabilities and seniors - Some housing units include assisted and/or supportive living services - Call 800-466-7722 for availability and eligibility information - See page 27 for a list of locations

# **Aging & Disability Services Division**

1860 E. Sahara Avenue — Las Vegas, NV 89104

702-486-3545



Relay Nevada: This service enables people with speech and hearing disabilities to use specialized telecommunications equipment to access the phone system - Telecommunications Equipment Distribution: Qualified Nevadans with hearing and speech disabilities can receive free equipment needed to access the phone system through Nevada Relay - Contact Deaf Centers of Nevada at 702-363-3323

# **Personal Assistance Services (PAS Program)**

- Upon availability of funding: Provides community-based, in-home services to enable severely disabled adult individuals to remain in their own homes and avoid placement in a long term care facility - Services include: Case Management to assist individuals with locating and gaining access to waiver services; Attendant Care services such as dressing, bathing, grooming, toileting, feeding assistance, getting in and out of bed; and Homemaker to assist with meal preparation, laundry, and essential shopping - Program is for those who do not qualify for other programs such as Medicaid or COPE

# **Desert Regional Center**

1391 S. Jones Blvd. — Las Vegas, NV 89146

# 702-486-6200

- State of Nevada agency which provides support services to children and adults with developmental disabilities - Case management - Respite care - In-home training, clinical assessments and counseling - Services are provided on a sliding fee scale

# Easter Seals of Southern Nevada

7281 W. Charleston Blvd. — Las Vegas, NV 89117

#### 702-870-7050

- Provides an array of services to adults and children with disabilities Job training and assistive technology to get persons with special needs and disabilities into the workforce Respite for families who are taking care of a loved one with disabilities
- Adult day programs help seniors and adults with disabilities experience socialization and community activities

# **Assistive Technology**

- Provides people with disabilities the tools they need to access employment, education and recreation - State of the art assistive technology lab with equipment to assist individuals in finding what will work best to achieve their goals - Once equipment is purchased, experienced staff with provide installation and train individuals with disabilities on how to use and best utilize their assistive technology - Also provides evaluations and on-going support - Sponsors Nevada's Assistive Technology Exchange project: Scooters, durable medical equipment, and other assistive devices are available for loan

# Nevada Bureau of Services to the Blind & Visually Impaired 702-486-5230

- Provides individualized training in home management, daily living skills, mobility and communication skills for those who are unable to work due to visual impairment



'easterseals

Nevada

# **Disability Resources**

# Nevada Bureau of Vocational Rehab

702-486-5230

- Helps eligible persons with disabilities become employed - Assists those who are already employed with training, counseling and support to improve their ability to perform job duties

# **Nevada Disability Advocacy & Law Center**

2820 W. Charleston Blvd, Suite 11 — Las Vegas, NV 89102

#### 702-257-8150 or 888-349-3843

- Provides information and referrals to a variety of programs that assist persons with mental, physical, or developmental disabilities - Implements programs to help disabled individuals return to work, receive assistive devices, ensure their participation in the electoral process and more — Client Assistance Program: Provides mediation, advocacy or representation regarding appeals on disability decisions made by state agencies - Representatives are responsible for informing individuals with disabilities of the rehabilitative programs, services, and benefits in Nevada

# **Nevada Talking Book Services**

100 N. Stewart Avenue — Carson City, NV 89701

#### 800-922-9334

- Has a library of books and other publications available to persons who are certified as being legally blind, visually impaired or as having a learning or reading disability - Disability must be determined by a professional who is trained in the evaluation of visual and physical handicaps - Products are available in Braille, on cassette or disc - Recorded items and special playback equipment is loaned to readers free of charge

# **Opportunity Village**

6300 W. Oakey Blvd — Las Vegas, NV 89146

#### 702-259-3700

- Provides vocational training, community employment, day services, advocacy, arts and social recreation for persons with severe intellectual and associated disabilities

# **Social Security Administration**

Ticket to Work Program

#### 866-968-7842

- A free and voluntary program for persons between the ages of 18 - 64 who are receiving Social Security Disability Insurance (SSDI) or Supplemental Security Income (SSI) - Beneficiaries may sign up with an Employment Network or a State Vocational Rehabilitation agency - The Ticket to Work Program allows participants to receive training, career counseling, vocational rehab, job placement, and on-going support services - Allows for more independence and less reliance on Social Security benefits

# Southern Nevada Center for Independent Living

2950 S. Rainbow Blvd., Suite 220 — Las Vegas, NV 89146

#### 702-889-4216

- Provides assistance to disabled residents of Southern Nevada in the way of: Information and referrals, independent living skills training, advocacy, housing, transportation, adaptive equipment, peer counseling, technical assistance and more
- The organization aims to empower disabled individuals by providing them with information on various resources that will allow them to live independently for as long as possible







# **Educational**

# **AARP - Driver Safety Course** 877-846-3299



- Volunteers provide safe driving instructions to seniors age 50 and over - Students are provided with information on the current rules of the road, defensive driving techniques, and how to operate a vehicle more safely - The course is available online or in a classroom setting - A certificate of completion is provided at the end of the course and can be presented to an individual's insurance company for a possible reduction in auto insurance premiums - Visit AARP.org to search for class locations

# **American Red Cross**

1771 E. Flamingo Road, Suite 206B — Las Vegas, NV 89119

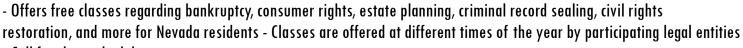
# 702-791-3311

- Offers a wide variety of health and safety training courses in CPR, Automated External Defibrillator training, lifeguard training, swimming, baby sitting, care giving, and more - Classes are available online or in a classroom setting

# Clark County Law Library

309 S. 3rd Street — Las Vegas, NV 89101

#### 702-455-4696



- Call for class schedules

# Financial Guidance Center

2650 S. Jones Blvd. — Las Vegas, NV 89146

# 702-364-0344

- Provides a wide range of classes to assist individuals in managing their finances Checking account management Budgeting
- Credit management Homeownership Bankruptcy Counseling and Education: Provides bankruptcy pre-filing counseling and pre-discharge education - A Financial Literacy Certificate is issued prior to discharge of bankruptcy - The course may be completed through a self-study Internet class or in a classroom setting

# **Nevada Talking Book Services**

100 N. Stewart Avenue — Carson City, NV 89701

#### 800-922-9334

- Has a library of books and other publications available to persons who are certified as being legally blind, visually impaired or as having a learning or reading disability - Disability must be determined by a professional who is trained in the evaluation of visual and physical handicaps - Products are available in Braille, on cassette or disc - Recorded items and special playback equipment is loaned to readers free of charge

#### UNLV

Osher Lifelong Learning Institute (OLLI)

851 E. Tropicana Avenue — Las Vegas, NV 89119

#### 702-774-6554

- Provides lifelong learning experiences for OLLI members - Offers over 70 interesting and stimulating study groups covering a wide range of topics - Groups are led by Ollie volunteer members who bring a lifetime of personal and professional experience to the classroom - Classes are for enjoyment; there are no tests, grades, or credits





FINANCIAL GUIDANCE CENTER



# **Employment Programs**

#### **AARP Foundation**

Senior Community Service Employment Program

# 702-648-3356

- Provides subsidized job training opportunities to low-income seniors - Assists individuals in obtaining new job knowledge, skills enhancement, and locating and maintaining employment - Applicants must be unemployed, age 55 or older and meet income guidelines - Job and community service placement

# Nevada Department of Employment, Training & Rehabilitation

**Employment Security Division (Unemployment Insurance Claims)** 

#### 702-486-0350

- Provides unemployment benefits to those who are considered out of work due to no fault of their own - Claims can be filed by phone or online (detr.state.nv.us)

# **East Valley Family Services**

**Family Resource Center** 

1830 E. Sahara, Suite 103 — Las Vegas, NV 89104

#### 702-631-7098

- Employment and job training - Job Referrals - Identification needs - Application assistance - Walk in with valid NV ID and proof of residency for assistance

#### Easter Seals of Southern Nevada

7281 W. Charleston Blvd. — Las Vegas, NV 89117

#### 702-870-7050

- Job training and employment services for disabled persons - Assists unemployed and under-employed adults challenged with multiple barriers to job employment and job skills necessary to find jobs leading to self-sufficiency

#### Goodwill of Southern Nevada

1280 W. Cheyenne — N. Las Vegas, NV 89030

#### 702-214-2025

- Assists job seekers by providing job training, career counseling and advice - Provides resources such as Internet, copy and fax machine access, job postings, mock interviews, - Individuals may be able to receive assistance with bus passes, rent assistance, gas cards, tuitions, and vouchers

#### **HELP of Southern Nevada**

Work Opportunities Readiness Center/ Displaced Homemaker

1640 E. Flamingo Road, Suite 100 — Las Vegas, NV 89119

# 702-369-4357

- Provides hands-on job assistance to qualified men and women who have lost their sole source of income due to death, divorce or illness - Free workshops offered twice a month

#### **Nevada Job Connect**

Henderson Las Vegas N. Las Vegas 702-486-0300 702-486-0100 702-486-0200

- Statewide network that connects businesses with employees - Job listings - Job placement - Information about education and training - Resume preparation - Job referrals







easterseals





#### **Food & Nutrition**

# Catholic Charities of Southern Nevada

531 N. 30<sup>th</sup> Street — Las Vegas, NV 89101

702-385-5284

# Catholic Charities

#### Meals on Wheels

- Delivers a set of seven frozen, nutritious lunches once a week to homebound seniors age 60 and over

# **Medical Nutrition Therapy**

- Provides nutrition intervention such as oral liquid supplements, additional meals and case management to assist with chronic medical conditions

# St Vincent Lied Dining Facility

1501 Las Vegas Blvd North — Las Vegas, NV 89101

#### 702-385-2662

- A free meal is provided daily from 10am 11am Additional meals are served to the public Monday Friday during breakfast and lunch at a cost of \$4 per meal
- Breakfast is from 7:30am 9am and lunch is from 12pm 2:30pm Accepted payment methods: Cash, EBT, credit, or debit

# **Division of Welfare & Supportive Services**

Supplemental Nutrition Assistance Program

See page 23 for locations

#### 702-486-5000

- Assists low-income families and individuals with food assistance via an Electronic Benefits Card which can be used to purchase food items from grocery stores - Eligible persons will receive a benefits card in the mail within 30 days; in cases of emergency benefits may be received in seven days - Apply at a partner agency, a local welfare office or online at https://dwss.nv.gov/SNAP/Food/

# **East Valley Family Services**

1840 E. Sahara #112 — Las Vegas, NV 89104

#### 702-776-6341

- Seniors who are age 60 or older may participate in the USDA Commodities Program and receive two bags of food per month
- Clients are seen on a walk-in basis Must be income eligible Also assists in completing applications for SNAP and other programs

# Henderson Heritage Park Senior Facility

300 Racetrack Road — Henderson, NV 89015

#### 702-267-2956

- Daily congregate meals from 11am 1pm Suggested donation: \$2.50 for seniors age 60 and over, \$5.00 for those under 60
- Meals on Wheels for homebound Henderson residents age 60 and over: A hot meal is delivered each weekday and two frozen meals delivered for weekend meals Also provides food for pets of homebound seniors USDA Commodities Program assists eligible low-income seniors with food packages that include rice, dry beans, canned vegetables, and cereal

# James Seastrand Helping Hands of North Las Vegas

3640 N. 5th Street #130 — N. Las Vegas, NV 89032

#### 702-649-7853

- Provides a free bag of non-perishable food once a month to low-income seniors age 60 and over and disabled individuals
- Fresh produce is available for pick-up on Fridays for anyone in the community who is in need



helping hands

# **Food & Nutrition**

# **Jewish Family Service**

2309 B Renaissance Drive — Las Vegas, NV 89119

#### 702-732-0304

- Food pantry provides nutritious food and hygiene products to the homeless, elderly persons, and needy families - Assistance is available once per month - Food pantry is open Monday thru Friday from 9am -11:30am and is closed for most major holidays

# Las Vegas Senior Lifeline

2309 B Renaissance Drive — Las Vegas, NV 89119

#### 702-933-1191

- Delivers Kosher Meals on Wheels - Weekly congregate meals at Goldberg Senior Center

# Las Vegas Urban League

**MLK Senior Center** 

2420 N. Martin Luther King Blvd., Suite B — N. Las Vegas, NV 89032

# 702-636-0064

- Provides a nutritious lunch daily in a congregate meal setting for seniors age 55 and over - Meals are in accordance with Older Americans Act complying with the dietary guidelines provided by the USDA

# **Lutheran Social Services**

4323 Boulder Hwy — Las Vegas, NV 89121

# 702-639-1730

- Offers a client-choice supermarket style food pantry The pantry contains fresh produce, meats, dairy and canned and dried goods Open 8am 11am on Mon., Tues., Wed., and Fri. DigiMart system that allows clients to use points to "purchase" food electronically. Staff will gather food items and have them ready for client to pick up Closed on Thursdays
- Senior Meal Program is offered at Holy Spirit and Reformation Lutheran Church Seniors age 60 and over can enjoy a free meal or make a small donation / Persons under age 60 can purchase a meal for \$5.00

# **Holy Spirit Lutheran Church**

6670 W. Cheyenne Avenue Las Vegas, NV 89108

- Monday - Friday 12pm - 1pm

# **Reformation Lutheran Church**

580 E. St Louis Avenue Las Vegas, NV 89104

Monday - Friday 2pm - 3:30pm

# Three Square Food Bank

702-765-4030

A Feeding America affiliate that sources food, raises funds, and relies on volunteers to help supply program partners with the food and services they need to provide wholesome food directly to hungry people in hundreds of neighborhoods - Community partners include non-profit agencies, schools, shelters, meal programs, SNAP outreach sites, etc.

- SNAP: Three Square works with community partners to help people in need apply for SNAP benefits
- **Senor Hunger Programs**: Provides food-insecure older adults age 60 and over with healthy, supplemental groceries including fresh fruits and vegetables, whole grains, and lean proteins The program is found around the valley through senior-only pantries, home delivery, and a community meal
- The Emergency Food Assistance Program (TEFAP): A federally funded program that helps supplement the diets of low-income Americans, including elderly people, by providing them with emergency food and nutrition at no cost NOTE: Three Square does not distribute food directly to clients from their facility For information on the location of assistance programs please call 702-765-4030 or visit https://www.threesquare.org/partners/agency-partners/find-an-agency-partner





# **General Assistance**

Catholic Charities

#### **Catholic Charities**

Social Services

1511 Las Vegas Boulevard North — Las Vegas, NV 89101

# 702-387-2282

- Depending on availability of funds and resources, the program provides assistance with emergency food, baby items and hygiene items, housing resources, clothing, and case management - Serves families and individuals who are in crisis due to job layoff, family emergencies, or unforeseen issues

# **Family Resource Centers**

# Cappalappa

189 N. Moapa Valley Blvd. — Overton, NV 89040

#### 702-397-6400

- Services individuals of Overton, Moapa, & Logandale in the following zip codes: 89021, 89025, 89040

# **East Valley Family Services**

1830 E. Sahara #103 — Las Vegas, NV 89104

#### 702-631-7098

- Services the following zip codes: 89032, 89101, 89102, 89104, 89106, 89107, 89108, 89109, 89110, 89119, 89120, 89121, 89142, 89169 - Call **702-920-6515** for information on when case managers will be in Laughlin to service: 89019, 89026, 89028, 89029, 89039, 89046

#### HopeLink

178 Westminster Way — Henderson, NV 89015

#### 702-566-0576

- Services the following zip codes: 89002, 89005, 89011, 89012, 89014, 89015, 89044, 89052, 89074, 89122, 89123, 89183

# **Lied Memorial Boys & Girls Club**

2850 S. Lindell — Las Vegas, NV 89146

#### 702-932-1880

- Services the following zip codes: 89004, 89018, 89103, 89113, 89117, 89118, 89124, 89128, 89129, 89134, 89135, 89138, 89139, 89141, 89144, 89145, 89146, 89147, 89148, 89166, 89178, 89179

#### **Olive Crest**

4285 N. Rancho Drive, Suite 160 — Las Vegas, NV 89130

#### 702-685-3459

- Services the following zip codes: 89030, 89031, 89033, 89036, 89081, 89084, 89085, 89086, 89087, 89115, 89130, 89131, 89143, 89149, 89156, 89191

# Salvation Army in Mesquite

355 W. Mesquite Blvd — Mesquite, NV 89027

#### 702-345-5116

- Services the following zip codes: 89007, 89024, 89027
- Centers provide information, referrals and case management in various service areas Collaboration occurs with schools, faith-based organizations, and government agencies to assist families to obtain needed services Some centers assist with rent, utilities, gas and health card vouchers, bus passes, commodities and more Must call to inquire about services and availability

# **General Assistance**

# Financial Guidance Center

2650 S. Jones Blvd. — Las Vegas, NV 89146

#### 702-364-0344

- Confidential financial counseling - Financial literacy - Debt repayment plan - Home down-payment assistance - Bankruptcy pre-filing counseling and more

#### **HELP of Southern Nevada**

1640 E. Flamingo, Suite 100 — Las Vegas, NV 89119

#### 702-369-4357

- Emergency Resource Services: Provides assistance with bus passes, clothing vouchers, food vouchers and hygiene products
- Please call ahead or visit website (helpsonv.org) to receive information on availability of services

# James Seastrand Helping Hands of N. Las Vegas

3640 N. 5th Street #130 — N. Las Vegas, NV 89032

#### 702-649-7583

- Seniors age 60 and over may pick up donated items such as paper towels, toilet paper, facial tissue, napkins and personal items once a month - There is no charge but donations are accepted

# **Jewish Family Service**

2309 B Renaissance Drive — Las Vegas, NV 89119

#### 702-732-0304

- The Chesed program provides burial assistance to low-income Jewish individuals who pass away in Clark County to ensure that they receive a proper Jewish burial

#### **Lutheran Social Services**

4323 Boulder Hwy — Las Vegas, NV 89121

# 702-639-1730

- Provides assistance in obtaining birth certificates and Nevada ID for those who are low-income and seeking employment or public assistance - Assists with applications for Medicaid and NV Check Up

# **Nevada Lifeline Telephone**

- A federal benefit that helps low-income households pay for telephone and/or Broadband services by discounting the monthly service bill. Obtain applications from nvlifeline.org

# 844-330-1867 LUTHERAN SOCIAL SERVICES

# SafeLink Wireless

# 1-800-SAFELINK (1-800-723-3546)

- Provides a free cell phone for qualifying low-income individuals - Total household income must be at or below 150% of the Federal Poverty Level - In most cases, individuals who participate in government assistance programs or those who are receiving Supplemental Security Income are eligible - SafeLink services are provided through TracFone and offers three different plans Up to 200 free minutes monthly (additional minutes may be purchased)

# Taxpayer Advocate

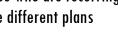
110 City Parkway, Stop 1005 LVG — Las Vegas, NV 89106

#### 702-868-5005

- An independent organization within the IRS which ensures that every taxpayer is treated fairly and is aware of their rights
- Provides free help to guide taxpayers through the often confusing process of resolving tax problems that they are unable to solve on their own - Can help set up payment arrangements - Provides tax forms - Assistance with Affordable Care Act tax provision questions - Facilitated Self Assistance: A computer kiosk with an IRS employee available to assist with navigating the IRS.gov website

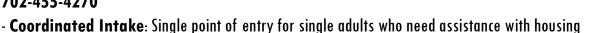






# **Government Assistance Programs**

# Clark County Social Service 702-455-4270



- Financial assistance: Rent, burial & cremation, and out-of-state transportation for eligible indigent persons
- **Homemaker program**: Provides assistance with light housekeeping, personal hygiene, light meal preparation, grocery shopping and laundry for seniors and disabled persons
- Long-Term Care program: Provides assistance with the payment of adult day care, adult group care, and nursing homes
- **Senior Advocate Program**: Provides information and referral on a variety of senior topics Senior Financial Assistance to prevent homelessness or the shut off of utilities Project Reach help with past due NV Energy bill for seniors age 62 and over

# Division of Welfare & Supportive Services 702-486-5000

- Administers Supplemental Nutrition Assistance Program (SNAP), Energy Assistance & Medicaid Programs - Benefits can be applied for online by creating an account through Access Nevada - Visit dwss.nv.gov



**Decatur District Office** 6390 N. Decatur Blvd. Suite 100 Las Vegas, NV 89130

702-631-7500

Henderson District Office 520 S. Boulder Hwy Henderson, NV 89015 702-486-1001

Pahrump District Office 1840 Pahrump Valley Road Pahrump, NV 89048

775-751-7400

**Cambridge Office** 

3900 Cambridge, Ste 208 Las Vegas, NV 89119

702-486-9400

702-486-1646

**Durango Office** 3965 S. Durango Drive Las Vegas, NV 89147

Nellis Office 611 N. Nellis Blvd Las Vegas, NV 89110 702-486-4828

**Spring Mountain Office** 

3101 Spring Mountain Road, Suite 3

Las Vegas, NV 89102 **702-631-3077**  **Craig Office** 

3223 W. Craig Road, Ste 140 N. Las Vegas, NV 89032

702-631-3386

Flamingo Office

3330 E. Flamingo Road #55 Las Vegas, NV 89121 **702-486-9400** 

Owens Office 1040 W. Owens Las Vegas, NV 89106 702-486-1899

# Social Security Administration 800-772-1213

4340 Simmons N. Las Vegas, NV 89032 **866-613-3946**  1250 S. Buffalo Drive, Suite 150 Las Vegas, NV 89117 **800-772-1213**  10416 S. Eastern Avenue Henderson, NV 89052 **800-772-1213**  WWW.ssa.gov

- Federal agency which administers social insurance programs such as Social Security Retirement, Social Security Disability, Supplemental Security Income, and Survivor's Benefits - Many services like getting a replacement social security card, a benefits letter, status of submitted applications, and your Social Security Statement are available online when a *my* Social Security account is created

#### **Home Maintenance**

# **HELP of Southern Nevada**

**Weatherization Program** 

1640 E. Flamingo Road, Suite 100 — Las Vegas, NV 89119

# 702-795-0575

- Provides energy-saving conservation assistance to low-income families with children, seniors, and disabled persons
- Assistance may include installation of solar screens, repairing broken windows, evaluation of heating and A/C units, checking refrigerators for efficiency, installing energy saving devices, and more - Serves City of Las Vegas, Henderson, and Southern Rural Clark County

# James Seastrand Helping Hands of North Las Vegas

3640 N. 5th Street #130 — N. Las Vegas, NV 89032

#### 702-649-7853

- Minor home maintenance and repairs: Smoke detector and filter changes, safety checks and more Services are available to seniors age 60 and over who own a home or mobile home who live in certain zip codes: 89002, 89015, 89030, 89031, 89032, 89081, 89084, 89086, 89101, 89102, 89103, 89104, 89106, 89107, 89108, 89109, 89110, 89114, 89115, 89117, 89120, 89121, 89122, 89128, 89129, 89130, 89131, 89134, 89138, 89143, 89144, 89145, 89146, 89147, 89149, 89157, 89169
- Clients must be assessed and sign a release of liability before any repairs can begin Clients are eligible for service once every fiscal year

# Las Vegas Urban League

**Housing Division Weatherization** 

2470 N. Decatur Blvd., Suite 150 — Las Vegas, NV 89108

# 702-636-3949

- Provides weatherization services to low-income North Las Vegas and Rural Clark County residents to help them achieve lowercost utility bills by making their homes more energy efficient at no cost - Weatherization typically consists of air sealing to reduce infiltration, attic insulation, energy efficient light bulbs, low-flow shower heads, solar screens, and the repair or replacement of air conditioner units and refrigerators - Applicants must meet income guidelines

#### **Nevada Senior Services**

Renovate • Accessible • Mobility • Prevention (RAMP)

#### 702-538-8743

- A home modification program that adapts the living space of individuals to allow them to live independently and safely in their home - A specialist will conduct a thorough assessment and recommend modifications such as grab bars, handheld showerheads, walk-in showers, cabinet adjustments, ramps, widened doorways, and handrails for stairs

# **Rebuilding Together**

611 S. 9th Street — Las Vegas, NV 89101

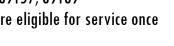
#### 702-259-4900

- Provides housing rehabilitation for low-income seniors age 60 or over, disabled persons, veterans, military families and multigenerational families with small children - Critical repair program: Plumbing, heat, air conditioning, and roofing - Safe at home program: Ramps, grab bars, and minor structural changes for accessibility - Green housing: Energy efficient repairs, insulation, window replacement, etc. Veteran housing: Complete home remodel to address safety and healthy home issues - Event day: Property clean up, exterior painting and small repairs, xeriscape, removal of dried vegetation

24



helping











# **Homeless Services**

# **CARE Complex**

200 Foremaster Lane — Las Vegas, NV 89101

# 702-685-9102



Catholic Charities

- A project that is dedicated to the elimination of homelessness in Downtown Las Vegas - Works with the Las Vegas community to help clients become self-reliant and achieve full assimilation back into society - Services include resume building, job resources, ID/Birth certificate assistance, Internet access, lockers and mailbox services, clothing, bus passes, hygiene packages, and 24-hour water bottle fill-up - Clients must be referred by a social worker, emergency shelter representative, probation officer, church official or any person who is assisting the client with their transition out of homelessness

#### **Catholic Charities**

# **Shelter Services** (for men)

1511 Las Vegas Blvd North — Las Vegas, NV 89101



- Showers, toiletries, and restroom facilities are available - Clothing is given out when available - Day shelter times are 7am - 3pm / Night shelter check-in times are from 3:30pm - 6:30pm - Clarity cards (homeless IDs), case management, medical transport and computer use for job search are available - Guests may obtain information about additional resources and use phone to make outgoing local calls

# St. Vincent HELP Apartments

1521 Las Vegas Blvd. North — Las Vegas, NV 89101

#### 702-366-2090

- Transitional housing - Furnished apartments for men, women, seniors and disabled persons to help them regain their independence and transition to permanent housing

# Clean the World, Mobile Hygiene 702-221-8777



- Provides mobile hygiene services to the homeless population - Homeless individuals are provided access to showers and hygiene items; they are also connected to resources that will assist them in becoming self-sufficient such as housing help, mental health services, clothing, and job placement assistance - Operates at 1401 N. Las Vegas Blvd on Tues. & Thurs.; CARE Complex on Wed, and The Center (401 S. Maryland Pkwy) on Fri.

# **Family Promise**

320 S. 9th Street — Las Vegas, NV 89101

#### 702-638-8806

- Offers homeless families the opportunity to receive stable housing by providing short-term shelter, meals, case management and hospitality - Works with local faith based organizations to provide a bed for the evening and meals - Families in the program receive various resources including training as they work towards self-sufficiency - Financial support is available for those who graduate to assist them in moving into a place of their own

# Las Vegas Rescue Mission

480 W. Bonanza — Las Vegas, NV 89106

#### 702-382-1766

Las Vegas Redemption. Recovery. Restoration.

- Daily meal is served for anyone who is hungry - Food pantry program provides emergency food for needy families - Distributes holiday food baskets in November and December - Has emergency shelter beds available to men, women and children on a first-come, first-served basis - Guests may stay seven nights or longer depending on their circumstance - Dinner, breakfast, a shower and clean linens are provided daily - Free clothing giveaways - Voucher program for dishes and other household items for those moving into permanent housing

# **Homeless Services**

# **Nevada Health Centers**

Las Vegas Outreach Clinic

47 West Owens — N. Las Vegas, NV 89030

# 702-307-4635 or 800-787-2568

- Healthcare for the homeless program that provides services such as family medicine, preventative health, women's health, children's health and immunizations, prenatal and newborn care, pharmacy services, health education, telemedicine, and behavioral health - Outreach team provides case management, referrals, transportation to medical appointments, medications, blankets, and personal care items - Insurance is accepted; however, services are offered at no charge to homeless individuals - Call in advance for appointment

# The Salvation Army

35 W. Owens Avenue — N. Las Vegas, NV 89030

#### 702-701-5368

- **Day Resource Center/ Emergency Lodge**: Shelter is open daily for individuals to take a reprieve from the weather, take a shower, use restrooms, hydrate or make phone calls Day Resource Center available to triage client and refer them to other programs that may provide long term help
- Spiritual Services: The Chapel is open nightly to provide homeless individuals with needed counseling and guidance
- **Vocational Programs**: Homeless clients receive life skills, academic training and practical work experience in a variety of fields so they can become employed and get on the road to self-sufficiency Call **702-701-5347**

# The Salvation Army - Henderson

830 East Lake Mead Pkwy — Henderson, NV 89015

#### 702-565-9578

- Emergency Food Pantry available Tuesdays and Fridays from 8:30am - 10:30am - Food bags and emergency hygiene kits are given to homeless individuals Monday - Friday from 9am - Noon

# The Shade Tree

1 West Owens — Las Vegas, NV 89101

#### 702-385-0072

- Day Shelter Program: Operates daily and is open to women and children who reside at the shelter or any homeless woman in the community
- **Emergency Shelter Program**: 24 hour accessible program designed to specifically to meet the needs of the homeless, especially women, with and without children Is open to all homeless women who need a sage place to stay, day or night May remain from 30 90 days
- Housing Assistance: A full-time housing specialist assists residents with completing applications for public, subsidized housing and helps eligible residents find quality affordable housing Residents are offered classes through the Life Skills Program which provide information and guidance that helps them secure and retain safe, affordable housing
- **Transitional Shelter Program**: Allows single women and families to remain at shelter up to a year to access programs and achieve their goals Case managers are assigned to assist in establishing a case plan that will help residents become self-sufficient Program is designed to allow residents to find employment, save money, and secure stable housing



# Accessible Space Inc.

- Provides affordable housing that is customized for persons with disabilities and seniors - Rent is subsidized by HUD - Must meet income limits - Some housing units include assisted and/or supportive living services



**Bledsoe Lane Apartments** 

2306 Bledsoe Lane, Las Vegas, NV 89156

702-437-6188

**Bonnie Lane Senior Apartments** 

2047 Bonnie Lane, Las Vegas, NV 89156

702-437-0434

Coronado Drive Senior Apartments

500 N. Major Avenue, Henderson, NV 89015

702-437-0569

George and Lois Brown Apartments

429 Van Wagenen, Henderson, NV 89015

702-564-1337

Mojave Cedar Apartments

2837 Cedar Street, Las Vegas, NV 89104

702-464-5142

Ray Rawson Villa

3420 Lindell, Las Vegas, NV 89146

702-876-0051

Shelbourne

1235 E. Shelbourne, Las Vegas, NV 89123

702-564-0016

**Bob Hogan Apartments** 

5075 Newport Cove, Las Vegas, NV 89119

702-207-3444

**Carol Haynes Apartments** 

5160 General Miles Way, Las Vegas, NV 89122

702-898-8066

Dina Titus Estates

5050 Missouri Avenue, Las Vegas, NV 89122

702-451-0259

John Chambers Apartments

2030 Camel Street, Las Vegas, NV 89115

702-438-0066

**Park Apartments** 

2312 Bledsoe Lane, Las Vegas, NV 89156

702-531-3167

Sandy Robinson Apartments

4200 E. Bonanza Road, Las Vegas, NV 89110

702-259-1903

Tonopah Lamb Apartments

4250 E. Tonopah Avenue, Las Vegas, NV 89115

702-898-5130

# **College Villas**

511 College Drive — Henderson, NV 89015

#### 702-522-9869

- Provides affordable housing for seniors and persons with disabilities in an environment which enhances their quality of life
- Section 42 housing Accepts Housing Choice (Section 8) vouchers

# Global Property Management Group, Inc.

2009 Alta Drive — Las Vegas, NV 89106

702-873-8882

Leases affordable housing to seniors, disabled persons, and families

- Utilities included where indicated \*\*

Aldene Kline Barlow Senior Apartments\*\*

1327 H. Street, Las Vegas, NV 89106

702-920-6550

Dr. Luther Mack, Jr. Senior Apartments

8158 Giles, Las Vegas, NV 89123

702-920-6569

GLOBAL PROPERTY MANAGEMENT GROUP, INC.

David J. Hoggard Family Community 1100 W. Monroe, Las Vegas, NV 89106

702-631-2231

**Ethel Mae Fletcher Apartments** 

1403 & 1503 Laurelhurst, Las Vegas, NV 89108

702-920-6572

Ethel Mae Robinson Senior Apartments\*\*

1327 H. Street, Las Vegas, NV 89106

702-834-6565

**Louise Shell Senior Apartments** 

2101 N. MLK, Las Vegas, NV 89106

702-646-4802

Sarann Knight Apartments\*\*

1327 H Street, Las Vegas, NV 89106

702-538-9031

Senator Richard Bryan Senior Apartments

2651 Searles Ave, Las Vegas, NV 89101

702-649-3508

**Yale Keyes Senior Apartments** 

1705 Yale St., N. Las Vegas, NV 89030

702-642-7758

Juan Garcia Gardens Apartments

2851 Sunrise Avenue, Las Vegas, NV 89101

702-383-6180

**Owens Senior Apartments** 

1626 Davis Place, N. Las Vegas, NV 89030

702-642-0896

Senator Harry Reid Senior Apartments 328 N. 11th Street, Las Vegas, NV 89101

702-383-1091

Smith Williams Senior Apartments\*\*

575 E. Lake Mead Pkwy, Henderson, NV 89015

702-382-3726

# **HopeLink**

178 Westminster Way — Henderson, NV 89015

702-566-0576

- Emergency shelter assistance - Rent and utility assistance - Supportive Housing and Basic Needs program to help families and individuals become self-sufficient

# Housing & Urban Development

302 Carson Street — Las Vegas, NV 89101

702-366-2100

- Oversees and assists public housing authorities and home lending practices - Those seeking affordable housing can conduct a search of properties on HUD.gov under Resources

# Nevada HAND

295 E. Warm Springs Road #101 — Las Vegas, NV 89119

702-739-3345

Leases affordable housing for families and seniors - Must meet income guidelines

Annahelle Pines 1&11 **Apache Pines** 

310 & 320 Annabelle Lane, Henderson, NV 89014 9552 W. Tropicana Avenue, Las Vegas, NV 89147

702-435-9731 702-579-7719

Blanchard Arms Bonanza Pines I&III

321 N. 9th Street, Las Vegas, NV 89101 4170 & 4180 E. Bonanza Road, Las Vegas, NV 89101

702-382-6248 702-437-2703



# W HopeLink of Southern Nevada



Boulder Pines

4375 Boulder Highway, Las Vegas, NV 89121

702-551-8488

Capistrano Pines

400 N. Major Avenue, Henderson, NV 89015

702-568-5181

**Decatur Pines** 

6741 N. Decatur Blvd., Las Vegas, NV 89131

702-658-3600

**Harmon Pines** 

6000 W. Harmon, Las Vegas, NV 89103

702-433-4015

**Horizon Pines** 

2570 W. Horizon Ridge Pkwy, Henderson, NV 89052

702-492-0343

Monsignor C.T. Shallow

561 N. Mojave Road, Las Vegas, NV 89101

702-384-2643

Pacific Pines I, II, III

130, 132, 134 E. Pacific Avenue, Henderson, NV 89015

702-565-8165

**Palo Verde Senior Apartments** 

101 N. Palo Verde Drive, Henderson, NV 89015

702-726-6070

Sierra Pines

3201 S. Mojave Avenue, Las Vegas, NV 89121

702-369-3609

Stewart Pines 1&11

1351 & 1391 E. Stewart Avenue, Las Vegas, NV 89101

702-598-0420

**Tropical Pines** 

5030 Jeffrey's Street, Las Vegas, NV 89119

702-795-1576

Buena Vista Springs III

2510 Morton Avenue, N. Las Vegas, NV 89032

702-647-4734

Cordero Pines

499 N. Lamb Blvd., Las Vegas, NV 89145

702-902-0628

**Desert Pines** 

3750 E. Bonanza Road, Las Vegas, NV 89110

702-452-4401

Harrison Pines I&III

5045 & 5070 Harrison Drive, Las Vegas, NV 89120

702-795-0968

**McFarland Senior Apartments** 

4988 Jeffreys Street, Las Vegas, NV 89119

702-736-9596

**Ogden Pines** 

1200 E. Ogden Avenue, Las Vegas, NV 89101

702-382-6248

Pacific Pines IV

23 E. Texas Avenue, Henderson, NV 89015

702-565-8165

**Rochelle Pines** 

4285 Hildebrand Lane, Las Vegas, NV 89121

702-795-0771

**Stella Fleming Towers** 

400 Brush Street, Las Vegas, NV 89107

702-878-5398

Stewart Pines III

233 N. 13th Street, Las Vegas, NV 89101

702-382-6248

Vera Johnson Manor

503 N. Lamb Blvd., Las Vegas, NV 89110

702-501-8767

West Owens West Owens

8206 & 8286 Silver Sky Drive, Las Vegas, NV 89145

1601 Davis Place, N. Las Vegas, NV 89030



702-410-2757 702-399-3255

# **Nevada Housing Division**

1830 College Pkwy, Suite 200 — Carson City, NV 89706

#### 775-687-2238

- Rental housing locator and call center serving Nevada residents - Tenants may call a toll-free, bilingual call center at

877-428-8844 Monday - Friday, 6am - 5pm for assistance with housing searches or visit the website at

NVHousingSearch.org to locate specific housing

# **Quail Ridge Apartments**

5292 S. Maryland Pkwy — Las Vegas, NV 89119

#### 702-798-8890

- Provides affordable housing for low-income individuals, seniors and disabled persons - Quarterly activities to promote community involvement and socialization

# Southern Nevada Regional Housing Authority

340 N. 11th Street — Las Vegas, NV 89101

# 702-477-3100 (option 2)

- Provides affordable public housing for low-income families, seniors, and disabled persons - Housing Choice Voucher - Subsidized housing - Applications for housing programs may be completed at the Admissions Office located at 5390 E. Flamingo Road

# Silver Sky Assisted Living

Silver Sky at Deer Springs

8220 Silver Sky Drive — Las Vegas, NV 89145

6741 N. Decatur Blvd., Bldg. 3 — Las Vegas, NV 89131

702-835-9040

702-835-9040

- An assisted living community for seniors age 55 and older who need a little extra support with activities of daily living
- Provides meals, a full calendar of activities, caregivers on-site, 24-hour nursing and medical support

# The Salvation Army

Silvercrest Residence

2801 E. Equador Avenue — N. Las Vegas, NV 89030

# 702-643-0293

- Provides subsidized housing for disabled persons and seniors age 62 and older

# **Women's Development Center**

7530 W. Sahara Avenue, Suite 105 — Las Vegas, NV 89117

#### 702-796-7770

- Provides a wide array of housing services for low-income residents
- Affordable Rental Program: Assists poor working families and individuals in a financial crisis with an affordable, safe, secure, and sanitary apartment
- **Homeownership Services Program**: Provides various types of educational and counseling services such as Homebuyer Education, Rebuilding Your Credit, and Financial Literacy to low-income families and individuals
- HOPWA Housing Program: Provides affordable permanent housing to families and individuals living with HIV/AIDS
- **Lindell Harbor Senior Apartments:** Provides a permanent, clean, safe, and affordable apartment to income eligible individuals age 55 and older
- **Transitional housing:** Furnished apartment and case management a wide range of services designed to stabilize the family and help them move to self-sufficiency

#### Internet Resources

# **AARP** - www.aarp.org

#### 886-389-5652



- Access to web sites for senior services - On-line community, net news groups and discussion groups

#### Asbestos.com

Mesothelioma Center



- Website visitors are connected with resources they need to understand and fight asbestos-related disease at no cost - Assists Veterans with receiving VA benefits for asbestos diseases - Educates the public about Social Security Disability and legal options

# **Benefits Check-up** — www.benefitscheckup.org

- On-line interview: Returns information on benefit programs that a senior is eligible for and how to apply for them - Questionnaire is completely confidential and state specific - Programs include help with housing, employment, prescription drugs and utility bills

# Drugwatch.com

- A free web resource that informs people about medical conditions, side effects of dangerous drugs, and ways to take action

# Medicare.gov

- Provides current information on the different parts of Medicare - Receive information on Medicare plans, facilities, and providers - Compare prescription drugs and plans - Enroll in Medicare Part D

# Nevada 211.org

- An on-line database that assists users in locating information on programs and services available in the entire state of Nevada



# Nevada Care Connection - www.nevadaadrc.com

Aging & Disability Resource Center Program

- A web portal that provides information and assistance to consumers, families, caregivers and service providers 24 hours a day 7 days a week - Portal complements the one-on-one assistance provided at local ADRC sites - Information is available about resources, public programs, and community events covering a wide range of topics and needs

# NewLifeStyles.com

- Site visitors are provided with a listing of facilities based on their individual preferences such as type of facility, care options, products, and services



# **Spotlight Senior Services**

- Provides a listing of various services such as caregiver information, community programs, emergency housing, medical, legal, and much more - Visit spotlightseniorserviceslasvegas.com



# **USA.gov**

- Provides important information on government programs and initiatives which affect senior citizens - Resources for grandparents raising grandchildren, volunteerism, employment, consumer protection, caregiver resources and more



# **Legal Resources**

# **Civil Law Self-Help Center**

200 Lewis Avenue — Las Vegas, NV 89104

#### 702-671-3970

- Provides legal information, educational materials, and training to self-represented litigants regarding court rules and procedures and various legal topics - Assists with identifying and completing legal forms - Legal referrals - Weekly Ask-A-Lawyer program at which litigants can meet with volunteer pro-bono attorneys regarding landlord-tenant issues

# Clark County Family Law/ Self Help Center

601 N. Pecos Road — Las Vegas, NV 89101

#### 702-455-1500

- Provides informed access, education, information and support services to self-represented persons having legal matters before the Family Court - Fill-in-the-blank forms - Free 10-minute attorney consultations - Classes to help prepare court hearings
- Computers available to prepare documents

# **Clark County Law Library**

309 S. 3rd Street — Las Vegas, NV 89101

#### 702-455-4696

- Provides information and referrals to proper agencies - Directs public to sources of law and forms - Provides instruction in usage of legal materials - Provides explanation regarding format requirements for pleadings - Assists with locating informative reading materials

# **Legal Aid Center of Southern Nevada**

725 E. Charleston Blvd. — Las Vegas, NV 89104

#### 702-386-1070

- Free community legal services to those who need help with: Victims of consumer fraud scams - Special education issues -Violation of Americans with Disability Act - Restoration of Social Security benefits - Free legal information classes - Senior citizens may receive assistance with divorce, guardianship, bankruptcy, foreclosure, landlord/tenant and consumer matters

# Nevada Disability Advocacy & Law Center

2820 W. Charleston Blvd, Suite 11 — Las Vegas, NV 89102

# 702-257-8150 or 888-349-3843

- Federally mandated protection and advocacy agency which provides legal and non-legal advocacy services to individuals with disabilities - Investigates issues of abuse or neglect in care and treatment-providing facilities

# **Nevada Legal Services**

530 S. 6th Street — Las Vegas, NV 89101

#### 702-386-0404

- Strives to ensure fairness and provide equal access to justice for low-income Nevadans in the areas of: Public and subsidized housing matters - Tax matters - Government programs - Healthcare - Tenant's Rights Center: For assistance with landlord/tenant matters call **702-383-6095** 

# Southern Nevada Senior Law Program

411 E. Bonneville Avenue, Suite 310 — Las Vegas, NV 89101

# 702-229-6596

- Provides quality legal counsel and assistance to qualifying Clark County residents age 60 and over at no charge; however, donations are accepted - Clients are seen by appointment only - Assistance may be obtained with: Estate planning and probate - Healthcare directives - Real property and housing - Guardianship - Elder law rights - Consumer assistance - Information and referrals - Government benefits and public entitlements







LEGAL AID CENTER

# Lifeline Assistance

#### Alert 911

#### 800-398-3739

- Provides instant access to 911 with the push of a button Device fits in pocket or purse Works anywhere a cell phone works
- Waterproof

#### Alzheimer's Association

5190 S. Valley View Blvd #104 — Las Vegas, NV 89118

#### 702-248-2770

- MedicAlert + Alzheimer's Association Safe Return: Nationwide identification and education program that mobilizes first responders should an individual with Alzheimer's or related dementia become lost - Provides peace of mind to caregivers as well as information on safety and wandering prevention

# Lifefone Personal Response Services 844-893-1128



- Provides medical alert devices that allow users to gain 24-hour assistance in the event of an emergency - Promotes independent living as it allows seniors to remain in their homes with the peace of mind that they can receive emergency assistance with the push of a button - Low monthly fee

# Philips Lifeline 800-242-5450



- Provides medical alert services 24 hours a day - Offers fall detection with HomeSafe and GoSafe which can be used in the home or on the go - The AutoAlert feature can automatically call for help if it detects a fall

# ResponseLink 844-273-5130

- Personal response system links people who are alone to 24-hour emergency lines - Fall detection: A signal is sent to the command center when a fall is detected - 100% waterproof



# Senior Safety 855-361-6520

- Get Help Now medical alert system that allows seniors to receive help when they need it - Emergency Medical Dispatch operators generally respond to a call in 20 to 30 seconds - Dispatchers are able to contact a friend, neighbor or family member to come help - 911 will be contacted if a serious problem exists

# Vital Link 800-752-5522



- Has provided emergency response systems to the senior and disabled population in the U.S. for 35 years
- Provides safety, independence and peace of mind Users can receive help at the touch of a button When the button on the emergency response device is pressed, Vital Link will contact designated responders or 911 There is no cost for installation

# **Medical & Healthcare**

# **CARE Act**

- A law that is designed to help caregivers stay informed when a family member or friend is in the hospital - The law requires hospitals to: Provide you the opportunity to designate a family caregiver; Inform your caregiver when you are to be discharged to another facility or back home; Provide the caregiver an explanation and demonstration of any medical tasks which will need to be performed at home such as wound care or medication management - Individuals should be aware of their rights under the CARE Act: Carry the name and contact information for your caregiver with you

# **Cleveland Clinic Lou Ruvo Center for Brain Health**

888 W. Bonneville — Las Vegas, NV 89106

#### 702-483-6000

- Provides state-of-the-art care for those suffering from cognitive disorders such as early-stage dementia or Alzheimer's disease

# First Med Health & Wellness Center

3343 S. Eastern Avenue — Las Vegas, NV 89169

400 Shadow Lane, Suite 104, Las Vegas, NV 89106

#### 702-731-0909

- Primary care clinic for adults, adolescents, and children Accepts Medicaid, Medicare and most private insurance A sliding fee scale is available for those who are underinsured or not covered by insurance Free breast and cervical cancer screenings
- Behavioral health and dental screenings Home visits for homebound patients who are unable to readily access the clinic
- Medicare & Expanded Medicaid enrollment Interpreter assistance and more

# First Person Complete Care

Community Health & Wellness Center Dental Office

1200 S. 4th Street, Suite 111 — Las Vegas, NV 89104 2100 S. Maryland Pkwy, Suite 5 — Las Vegas, NV 89104

#### 702-380-8118

- Provides medical, mental, dental and prenatal medical services - Provides screenings, physicals, diabetic clinic, antibiotic and dehydration infusions, and dental - Adult Wellness Program: Designed to enhance the physical, mental, and social well-being of adults age 50 and over

# H2U (Health, Happiness, You)

Mountain View Hospital Southern Hills Hospital Sunrise Hospital

3150 N. Tenaya #114 9300 W. Sunset Road 3101 S. Maryland Pkwy, Suite 314

Las Vegas, NV 89128 Las Vegas, NV 89148 Las Vegas, NV 89109

702-255-5404 702-880-2125 702-735-5510

- H2U members receive updated health and wellness information, receive newsletters and community calendars - Members have access to a health library, are invited to hospital-sponsored events, social activities, monthly lunch & lectures with physicians, free health screenings and more

# **Infinity Hospice Care**

6330 S. Jones Blvd — Las Vegas, NV 89118

#### 702-880-7002

- Provides compassionate in-home palliative medical care to those who are dealing with a life-limiting illness - Inpatient care can be arranged in cases where the patient is unable to remain at home - Provides a combination of medical, spiritual and emotional care - Respite care







# Medical & Healthcare

# **Lions SightFirst Foundation**

P.O. Box 371705 — Las Vegas, NV 89137

#### 702-347-2576

- Provides eye exams, treatment and surgeries to adults and children who might otherwise go blind - Local ophthalmologists and optometrists donate their time and expertise to provide eye care to economically disadvantaged individuals - Applications available at lionssightfirst.org



4141 Swenson Street — Las Vegas, NV 89119

# 702-733-0320

- Non-profit hospice which provides end-of-life care to individuals regardless of their ability to pay - Homecare is available for those who are able to remain in their own home - Two inpatient facilities - On-site pharmacy - Offers palliative care, bereavement services and spiritual care services

# **Nevada Health Centers**

Private, not-for-profit consumer-directed health care corporations which provide affordable, comprehensive, and quality healthcare to the medically underserved and uninsured population. Community Health Centers provide quality medical services regardless of an individual's insurance status or ability to pay. The services provided by the Centers are not free; fees are charged on a sliding scale according to income.

# **Cambridge Family Health Center**

3900 Cambridge Street, Suite 101

Las Vegas, NV 89119

702-307-5415

# Las Vegas Outreach Clinic\*

47 W. Owens Avenue N. Las Vegas, NV 89030

800-787-2568

# **Eastern Family Medical & Dental**

2212 S. Eastern Avenue Las Vegas, NV 89104 **702-735-9334** 

# **Martin Luther King**

1799 Mount Mariah Dr. Las Vegas, NV 89106

702-383-1961

# **Henderson Family Health Center**

98 E. Lake Mead, Suite 103 Henderson, NV 89015 **800-787-2569** 

North Las Vegas

2225 Civic Center Dr. #224 N. Las Vegas, NV 89030

702-214-5948

- Provides services in: Family medicine, health education, senior health care and more
- Please call for appointment Must provide income information and ID to enroll in sliding fee program
- \* Services for the homeless

#### **Nevada Senior Services**

Comprehensive Geriatric Assessment Program

#### 702-648-3425 or 702-368-2273

- Provides a complete medical exam by a geriatric physician and evaluation by an occupational therapist - Personal and caregiver counseling with a licensed social worker - In-depth emotional health and cognitive evaluations, including dementia (memory loss) - Medication consultation - Treatment of health challenges such as falls, mobility issues, depression, stroke and tremors, incontinence, sleep difficulties, impaired vision and hearing - Services are available in Las Vegas and Henderson

# Red Rock Behavioral Health Hospital

Geriatric Inpatient Psychiatric Hospital

5900 W. Rochelle Avenue — Las Vegas, NV 89103

**702-251-1371** (Call 24 hours a day 7 days a week for confidential assessments)

- Acute short-term hospital designed to diagnose and treat the complex mental health and substance abuse problems of adults 50 and older - Provides comprehensive psychiatric, medical psychosocial and nursing evaluation - Individualized treatment plans, family, group and individual therapy, coping and life skills training, therapeutic exercise and more



Nathan Adelson



# Medical & Healthcare

# Senior Advantage Program

702-853-3008

**Centennial Hills Hospital** 

6900 N. Durango Drive Las Vegas, NV 89149

702-835-9861

**Spring Valley Hospital** 

5400 S. Rainbow Blvd. Las Vegas, NV 89118

702-853-3276

**Desert Springs Hospital** 

2075 E. Flamingo Road Las Vegas, NV 89119

702-369-7911

**Summerlin Hospital** 

657 Town Center Drive Las Vegas, NV 89144

702-233-7540

Henderson Hospital

**SENIOR** Advantage

1050 Galleria Drive Henderson, NV 89011

702-963-7000

**Valley Hospital** 

620 Shadow Lane Las Vegas, NV 89106

702-388-4665

Southwest Medical®

Part of OptumCare®

- Health and wellness program for adults age 55 and older - Benefits include: Waiver of Medicare Part A during inpatient stay when applicable - Direct Doctors Plus physician referral service - Special Events such as free lectures by local physicians, health fairs, and member-only seminars - Hospital Bill Review by a billing representative, interest-free payment plan options available for services not covered by insurance, call 702-894-5700 - AARP Safe Driving Classes offered monthly - \$10 enrollment fee

# Southern Nevada Health District

280 S. Decatur Blvd. — Las Vegas, NV 89107

#### 702-759-1000

- Provides immunizations and vaccines such as flu, pneumonia, tetanus-diphtheria, and shingles for seniors age 65 and older
- Chronic Disease Prevention & Health Promotion Aquatic Health Program Bed Bug Info Healthy People 2020

# Southwest Medical Hospice & Palliative Care

8655 S. Eastern Avenue — Las Vegas, NV 89123

# 702-671-1111

- Palliative care is available to individuals who have recently been diagnosed with an advanced illness by their doctor; social or spiritual support is offered after diagnosis - Provides assistance in creating an Advanced Care Plan to help spell out the patient's wishes, helps keep track of medications, registered nurse visits, aggressive management of symptoms - Hospice care is provided for individuals and their families during the end stage of a serious illness - Care is provided in a patient's home, assisted living facility, or a specialized hospice care facility - Services include home care, respite care, continuous care during times of crisis, and 24-hour nursing in an inpatient facility during an acute emergency

# Spring Mountain Sahara

Senior Adult Program

5460 W. Sahara Avenue — Las Vegas, NV 89146

#### 702-873-2400

- Provides acute inpatient program to help older adults cope with changes in their lifestyle such as retirement, loss, bereavement, loneliness, fixed incomes, isolation, dependence on social services, insomnia, and multiple illnesses
- Individualized treatment plans are developed by doctors, nurses, and therapists The patient's therapeutic, medical, physical, recreational, social, emotional, cultural, and spiritual needs are considered in the development of the plan The physician and nursing staff discuss the plan with patient and family before the treatment option is started

# The Medicare Store 702-514-4111



THE Medicare Store
A Level Four Insurance Company

- Medicare Specialists provide unbiased advice and information on all Medicare offerings
- Specialists are available to meet with clients in their home or clients may visit the office to become educated on traditional Medicare, supplements and advantage plans

36



#### Medical & Healthcare

## **University Medical Center**

**Quick Care Locations** 

#### **Blue Diamond**

4760 Blue Diamond Road #110 Las Vegas, NV 89139

702-383-2300

## Peccole Ranch

9320 W. Sahara Avenue Las Vegas, NV 89117 **702-383-3850** 

#### Sunset

525 Marks Street Henderson, NV 89014

#### **Centennial Hills**

5785 Centennial Center Blvd Las Vegas, NV 89149 **702-383-6270** 

#### Rancho

4231 N. Rancho Dr Las Vegas, NV 89130 **702-383-3800** 

#### **Enterprise**

1700 Wheeler Peak Drive Las Vegas, NV 89106 **702-383-2565 Spring Valley** 4180 S. Rainbow #810 Las Vegas, NV 89103

702-383-3645

#### **Nellis**

61 N. Nellis Blvd Las Vegas, NV 89110 **702-383-6240** 

#### Summerlin

2031 N. Buffalo Drive Las Vegas, NV 89128 **702-383-3750** 



## **University Medical Center**

Senior Celebrations

#### 702-383-7353

702-383-6210

- Free health education program for adults age 50 and older Health screenings Waiver of Medicare Part A deductible
- Physician Referrals and community agency information to assist members in receiving convenient and personalized attention to their health care needs, call 702-383-2060 Patient Accounting Department assists with insurance related questions and provide information about insurance claims

#### **UNLV School of Dental Medicine**

#### **General Practice Residency**

1700 W. Charleston Blvd, Bldg D Las Vegas, NV 89102

702-774-5175

## Student Recreation and Wellness Center

4505 S. Maryland Pkwy Las Vegas, NV 89154

702-774-7108

#### **Shadow Lane Clinic**

1700 W. Charleston Blvd Las Vegas, NV 89102 **702-774-2400** 

- Provides oral health care to Nevadans - Crowns, dentures, partials and bridges - Accepts cash, checks, credit cards and some insurances

## **Visiting Medical Clinic**

1180 N. Town Center Drive, Suite 100 — Las Vegas, NV 89144

#### 702-749-9979

- Provides primary care services to patients in the comfort of their residence: General health and prevention, physical exams, dementia care, immunizations, Rx evaluations and refills, wound care and more - Accepts Medicare, Medicaid, and private pay

#### **Volunteers in Medicine**

Paradise Park Clinic (East Side) 4770 Harrison Drive, Suite 200 Las Vegas, NV 89121 Ruffin Family Clinic (West Side) 1240 N. Martin Luther King Blvd Las Vegas, NV 89106

# VM SN

VISITING + MEDICAL CLINIC

#### 702-967-0530

- A non-profit health organization that provides support and medical care at no cost to the uninsured and underserved residents of Clark County - Provides preventative health and wellness services, treatment of chronic and acute illness, cancer screenings, free medications, free diagnostic testing through community partners, health education and classes

## **Prescription Drug Programs**

#### **Aging and Disability Services Division**

Medicare SHIP (State Health Insurance Assistance Program)

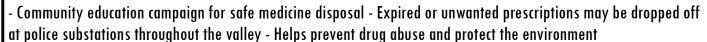
1840 E. Sahara Avenue — Las Vegas, NV 89104

#### 702-486-3478 or 1-800-307-4444

- Provides enrollment assistance and information on the Medicare Part D Prescription Drug Program - SHIP counselors are available at senior fairs and counseling sites throughout the valley to assist Medicare beneficiaries with signing up or changing plans during annual open enrollment

#### **Clark County Water Reclamation District**

Don't Rush To Flush





## Nevada Senior & Disability Rx

## 702-486-4307 or 866-303-6323 option 2

- Provides assistance with prescription costs when in the Medicare Part D coverage gap (donut hole)
- Assistance towards monthly Medicare Part D plan premium for those who do not qualify for the maximum Extra Help benefit
- Applicants must have resided in Nevada for at least 12 consecutive months prior to the date of application
- Call for current income guidelines

#### **Partnership for Prescription Assistance**

www.pparx.org

- A free service that assists individuals in locating prescription assistance programs - The website provides a single point of access to public and private programs including those offered by biopharmaceutical companies - For low-income, uninsured persons who need prescription assistance - Qualified individuals receive free or discounted medication

## Patient Advocate Foundation 866-512-3861

Co-Pay Relief



- Provides critical financial support for patients who are medically and financially qualified - Assists with co-payments and deductibles required by a patient's insurer for pharmaceutical treatments or medications prescribed to treat and/or manage his/her disease

## **Rx Assist.org**

**Patient Assistance Programs** 

- Programs that are set up by drug companies to assist struggling patients with low-cost or free prescriptions - Each major drug company offers a patient assistant program; however, eligibility requirements vary for each company

## **Social Security Administration**

Extra Help with Medicare Prescription Drug Plan Costs

#### 800-772-1213

- Medicare Part D Extra Help/Low Income Subsidy program: Provides assistance with Part D plan monthly premiums, annual deductibles, and prescription co-pays:
- Apply at a local Social Security office or apply online at www.socialsecurity.gov/extrahelp



#### **Referral Services**

#### **Aging & Disability Services Division**

Community Advocates

1860 E. Sahara Avenue — Las Vegas, NV 89104

#### 702-486-3545

- Provides advocacy, assistance, information and referrals to programs and services that are available to senior citizens
- Information is provided to seniors, caregivers and/or community advocacy groups

## Clark County Senior Advocate Program 702-455-7051

- Dedicated to providing a central point of referral for senior citizens age 60 and over and their caregivers
- Informed staff is available to provide information and resources on topics that are important to senior citizens such as Medicare, rent & utility assistance, prescription drug programs, housing, social service programs and more

#### **Deaf Centers of Nevada**

3120 S. Durango, Suite 301 — Las Vegas, NV 89117

#### 702-363-3323

- Provides support and advocacy services and information to deaf, hard of hearing and speech-impaired individuals - Provides a list of sign language interpreters

## Elder HelpLV

702-202-4190

- Provides referrals to home health care services: Matches seniors with pre-screened elder care service providers of skilled nursing, personal care, senior transportation, senior housing, insurance and more

## **Long-Term Care - Continuum**

702-839-4692

- Licensed referral and placement service that assists families and individuals with locating quality residential group homes, assisted living facilities, or Alzheimer's homes - No cost or obligation to consult with staff

#### Nevada 2-1-1

- By dialing 211, callers are able to access information on essential programs and services that are available in the entire state of Nevada

## Revoda \* Get Connected. Get Answers.

#### **Nevada Council on Problem Gambling**

5552 S. Fort Apache Road #100 — Las Vegas, NV 89148

#### 702-369-9740

- Generates problem gambling awareness through training, education, awareness booths and presentations - Provides treatment referral information

## Southern Nevada Center for Independent Living

2950 S. Rainbow Blvd., Suite 220 — Las Vegas, NV 89146

## 702-889-4216

- Provides information and referrals geared toward the disabled population - Provides an online directory of resources which provides links to information on medical, transportation, education, legal services, leisure, employment, senior services, TDD/TTY directory, home improvement, advocacy, and more







## **Rent & Utility Assistance**

#### **Catholic Charities**

1511 Las Vegas Blvd North — Las Vegas, NV 89101

#### 702-387-2291

- Social Services: Provides families and individuals in crisis with rental assistance - Also provides emergency food, hygiene items, and other community resources

## Clark County Social Service

702-455-7051

- Senior Financial Assistance: Provides one-time financial assistance to seniors age 62 and over to prevent homelessness or disconnection of utilities - Provides utility assistance through Project Reach program for seniors age 62 or over who have a past due balance on their NV Energy bill

## **Energy Assistance Program**

3330 E. Flamingo Road #55 2527 N. Carson Street, Suite 260

Las Vegas, NV 89121 Carson City, NV 89706 **702-486-9590 775-684-0730** 

- Helps qualified Nevadans reduce their energy bills by paying the benefit directly to the utility company - Qualified individuals may choose to apply the benefit to their gas bill, electric bill, or both - May apply and receive assistance once in a 12 month period - Must meet income guidelines

#### **HELP of Southern Nevada**

**Emergency Resource Services** 

1640 E. Flamingo Road — Las Vegas, NV 89119

#### 702-369-4357

- Provides emergency services with rent and utility assistance:
- Project Reach: Energy assistance program for seniors age 62 and over to help with NV Energy bill
- Energy Share: Provides assistance with Southwest Gas bill for qualified individuals who are experiencing an unexpected financial hardship
- Rapid Re-Housing: A program designed to assist with transitioning homeless individuals and families into stable housing
- A New Start: Supportive Housing Program for chronically homeless and disabled families Provides medium to long-term housing to households with children and at least one adult who is disabled and chronically homeless
- Housing Opportunities for Persons with AIDS (HOPWA) grant assists people living with HIV/AIDS with housing and intensive case management to promote housing stability and reduce the risk of homelessness

#### HopeLink

Westminster Way — Henderson, NV 89015

#### 702-566-0576

- Provides emergency services with rent and utility assistance:
- Project Reach: Energy assistance program for seniors age 62 and over to help with NV Energy bill
- Rapid Re-Housing: A program designed to assist with transitioning homeless individuals and families into stable housing
- Clients must reside within Henderson service area







## **Rent & Utility Assistance**

## **Jewish Family Service**

2309 B Renaissance Drive — Las Vegas, NV 89119

#### 702-732-0304

- Provides emergency financial assistance with rent and utilities to individuals who are faced with a temporary financial crisis
- Available to residents of Las Vegas or Henderson who have a verifiable hardship Assistance is one-time

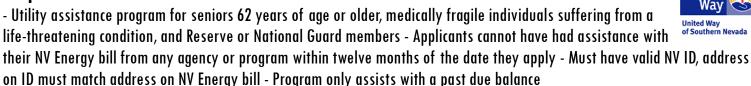
#### **Lutheran Social Services**

4323 Boulder Hwy — Las Vegas, NV 89121

#### 702-639-1730, option 8

- Provides financial assistance to low-income households to achieve such goals as obtaining employment, retaining housing and avoiding homelessness - Provides assistance with rent and utilities and assists in completing SNAP applications on paper or online

### **Project Reach**





### State of Nevada Manufactured Housing Division

Lot Rent Subsidy Program

1535 Old Hot Springs Road, Suite 60 — Carson City, NV 89706

#### 775-684-2940

- Provides financial assistance to qualifying low-income mobile home park residents Pays 20% of the monthly lot space rent
- Must have been a tenant of the mobile home park for a year or more Must own the mobile home Income must be at or below the federally designated poverty level Tenants must complete an annual review to continue receiving benefits

## **The Salvation Army**

Henderson Las Vegas North Las Vegas 702-565-9578 702-649-8240 702-651-9550

- Provides rental assistance through the Immediate Needs Program when funding is available Must have valid picture ID
- Utility bill or lease must be in the name of applicant

## United Labor Agency of Nevada (ULAN)

Basic Needs Program

1201 N. Decatur, Suite 106 — Las Vegas, NV 89108

#### 702-648-3500

- Provides rental assistance to prevent homelessness Provides utility assistance to prevent discontinuation of services
- Case managers are available to assist clients in preparing a plan for long-term financial stability Food pantry





United



## Respite

#### A Sacred Home Health Care

7040 Laredo Street, Suite E — Las Vegas, NV 89117

#### 702-834-6560

- Provides personal care attendants to provide light housekeeping, companionship, medication reminders, respite care, and more
- Accepts respite care vouchers as a method of payment

#### Alzheimer's Association

5190 S. Valley View Blvd #104 — Las Vegas, NV 89118

#### 702-248-2770

- Provides a respite care voucher program to provide short-term relief from the physical and emotional daily demands of caring for an individual with Alzheimer's disease or a related disorder at home - Awarded voucher would be used toward the cost of respite services through a licensed provider agency that offers overnight facility stay, in-home care, or adult day care

#### **East Valley Family Services**

1830 E. Sahara #112 — Las Vegas, NV 89104

#### 702-920-6515

- Senior respite care up to 16 hours a week for individuals over the age of 55 who are the primary caretaker of a relative's child

#### Easter Seals of Southern Nevada

7281 W. Charleston Blvd — Las Vegas, NV 89117

#### 702-870-7050

- Respite for family members who are taking care of a disabled loved one - Assistance is provided through a voucher reimbursement program - Approved recipients receive a voucher for a specific dollar amount - Services can be provided by a licensed agency, a friend or a family member - After services are received, the voucher and proof of services are submitted to Easter Seals for financial reimbursement

#### **Home Instead Senior Care**

2340 Paseo Del Prado, Suite D112 — Las Vegas, NV 89102

#### 702-936-4175

- Provides in-home respite care to give caregivers a break that allows them to recharge physically, emotionally, and spiritually
- Respite program provides breaks on a regular, scheduled basis Caregivers are available 24 hours a day, seven days a week

#### **Nevada Senior Services**

RCI Reach Caregiver Support

901 N. Jones Blvd — Las Vegas, NV 89108

#### 702-368-2273

- Provides support services for family caregivers of persons with Alzheimer's disease or other forms of dementia - Provides evidence-based education, a focus of safety for the patient, support for the caregiver, and skills building to help caregivers manage difficult patient behaviors and decrease their own stress

## **Visiting Angels**

1180 N. Town Center Drive #100

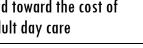
Las Vegas, NV 89102

702-562-3322

1701 N. Green Valley Pkwy #9A Henderson, NV 89074

702-407-1100

- In-home respite care program matches your loved ones with a friendly and compassionate caregiver - Visits can be for a few hours a day or several times a week to provide family caregivers with the opportunity to run errands, go to work, take a vacation, or simply rest - Respite caregivers can assist with dressing, bathing, transferring, chores, meal preparation, and more









#### **Senior Recreation**

Arturo Cambeiro Senior Center

330 N. 13th Street — Las Vegas, NV 89101

702-384-3746

City of Las Vegas Parks & Leisure

Derfelt Senior Center Doolittle Senior Center E. Las Vegas Senior Center

3343 W. Washington - Las Vegas, NV 89107 1950 N. J Street - Las Vegas, NV 89106 250 N. Eastern - Las Vegas, NV 89101

702-229-6601 702-229-6374 702-229-1515

Howard Lieburn Las Vegas Senior Center

6230 Garwood - Las Vegas, NV 89107 451 E. Bonanza - Las Vegas, NV 89101

702-229-1600 702-229-6454

City of North Las Vegas

Neighborhood Recreation Center Silver Mesa Recreation Center

1638 N. Bruce Street — N. Las Vegas, NV 89030 4025 Allen Lane — N. Las Vegas, NV 89032

702-633-1607 702-633-2550

Clark County Parks & Recreation

Cora Coleman Senior Center Parkdale Recreation & Senior Center

2100 Bonnie Lane - Las Vegas, NV 89156 3200 Ferndale - Las Vegas, NV 89121

702-455-7617 702-455-8502

West Flamingo Senior Center Whitney Recreation & Senior Center

6255 W. Flamingo - Las Vegas, NV 89103 5712 E. Missouri - Las Vegas, NV 89122

702-455-7742 702-455-7576

Goldberg Senior Center

2309 Renaissance Drive, Suite B

250 S. Green Valley Pkwy

300 Racetrack Road

Las Vegas, NV 89119 Henderson, NV 89012 Henderson, NV 89015 **702-933-1191** 702-267-5800 702-267-2950

MLK Senior Center Nevada Senior Games, Inc.

2420 N. Martin Luther King

N. Las Vegas, NV 89032

6950 Via Olivero #5
Las Vegas, NV 89117

813 Arizona Street
Boulder City, NV 89005

702-636-0064 702-242-1590 702-293-3320

YMCA of Southern Nevada

Bill & Lillie Heinrich Centennial Hills

4141 Meadows Lane - Las Vegas, NV 89107 6601 N. Buffalo - Las Vegas, NV 89131

702-877-9622 702-478-9622

Durango Hills Silver Sky Multigenerational

3521 N. Durango - Las Vegas, NV 89129 3060 Centennial - N. Las Vegas, NV 89081

702-240-9622 702-522-7500

**Senior Center of Boulder City** 

## **Transportation**

#### **Aging & Disability Services Division**

Taxi Assistance Program

1860 E. Sahara Ave — Las Vegas, NV 89104

#### 702-486-3581

- Provides discount taxi coupons to seniors age 60 and over and persons with a permanent disability - Must be a Nevada resident and meet income guidelines - Coupons are accepted by all taxicab companies in Clark County

#### **American Cancer Society**

6165 Rainbow #100 — Las Vegas, NV 89118

#### 702-798-6877 or 800-227-2345

- Road to Recovery Program: Volunteer drivers transport cancer patients to and from treatments

## Artie J. Cannon Helping Hands of Henderson 702-616-6554

- Provides transportation to medical appointments, grocery shopping, and a variety of errands for seniors age 60 or older who reside in the City of Henderson - Transportation is provided by volunteers who use their personal vehicles to provide rides

- Telephone reassurance calls are also provided bi-monthly to talk with and check on the well-being of clients

### **Helping Hands**

3640 N. 5 Street #130 — N. Las Vegas, NV 89032

Vegas Valley James Seastrand of N. Las Vegas

#### 702-507-1841

702-649-7853

Helping Hands of Vegas Valley and James Seastrand Helping Hands of N. Las Vegas have merged into one organization

- Transportation for seniors age 60 and over for medical appointments, grocery shopping and running errands - There is no charge for the service, but clients may donate an amount affordable to them

## Lend a Hand of Boulder City

400 Utah Street — Boulder City, NV 89005

#### 702-294-2363

- Provides escorted transportation for Boulder City residents to medical appointments, grocery shopping, banking, etc.

## Regional Transportation Commission of Southern Nevada

600 S. Grand Central Pkwy — Las Vegas, NV 89106

### Flexible Demand Response (FDR)

#### 702-228-7433

- Provides door-to-door transit services to individuals who reside in Sun City Anthem, Sun City Summerlin, and Centennial Hills
- Residents may call to schedule rides FDR operates three days a week on a limited schedule The fare is \$0.50 for each boarding and transfers to other fixed routes in the RTC system will not be issued

#### Para-Transit

#### 702-228-4800

- Shared ride, door-to-door service for persons who are functionally unable to independently use the fixed route system

#### Silver Star

#### 702-228-7433

- Loop route operates two days a week in a limited area - Includes stops at senior facilities - Riders may use transit passes

#### **Transit**

#### 702-228-7433

- Provides public transportation to all persons by way of fixed and express routes throughout the valley - Park & Ride





Mealth Dignity Health

LendAHand



#### Veteran Services

## **Clark County Assessor's Office**

Veteran's Tax Exemption

500 S. Grand Central Pkwy — Las Vegas, NV 89155

#### 702-455-3882

- Provides an annual tax exemption to any veteran with wartime service - The exemption can be applied to a veteran's vehicle privilege tax or real property tax

#### **Healthcare for Homeless Veterans**

4461 E. Charleston Blvd. — Las Vegas, NV 89104

#### 702-791-9077

- Provides services to assist, prevent, or delay deterioration in function and health - Referrals to transitional housing, mental health counseling, transportation, employment, clothing, shelter, etc.

#### Nevada State Veterans Home

100 Veterans Memorial — Boulder City, NV 89005

#### 702-332-6784

- Provides skilled nursing services to veterans, their spouses, and Gold Star Parents in a home-like environment - 82,000 square foot facility which accommodates up to 180 residents - Offers two levels of secured care for those suffering from Alzheimer's or other dementia related illnesses

## Regional Transportation Commission of Southern Nevada

#### 702-228-7433

- Veterans Reduced Fair Program: Provides a reduced fare ID card for eligible local US Armed Forces veterans - Veterans receive 50% off full fare - Veterans Medical Transportation Network for Senior & Disabled Veterans: Provides effective and efficient transportation to veterans and their dependents to and from medical appointments - Must provide valid NV ID and DD214 or Veterans ID card from VA to be eligible for both programs

## The Salvation Army

35 W. Owens — N. Las Vegas, NV 89030

#### 702-701-5374

#### Supportive Services for Veterans Families

- Provides assistance to low-income veterans and their families to obtain and maintain stable housing - Supportive services include case management, housing counseling, temporary financial assistance to address housing barriers, life skills training, budgeting, job and housing preparation, coping skills, credit repair and counseling, transportation assistance, and landlord/tenant mediation

#### Veteran Rehabilitation

- Provides an Adult Rehabilitation Program for homeless veterans who are struggling with the disease of addiction and mental health - An intensive continuum of care program for the treatment of substance abuse, chemical addictions, mental health or compulsive gambling in a 24 hour live-in setting

#### U.S. VETS

525 E. Bonanza — Las Vegas, NV 89101

#### 702-366-0456

- Non-profit provider of comprehensive services to homeless, at-risk veterans - US Vets personnel go out into the community to locate homeless veterans and guide them to crucial services such as employment, access to veteran benefits, and treatments for physical and mental health and substance abuse - Provides permanent supportive housing on-site and permanent housing in the community - Offers a Social Independence Living Program which focuses on helping veterans who are seniors and/or disabled







#### **Veteran Services**

#### **Vet Centers**

7455 W. Washington Avenue, Suite 240

Las Vegas, NV 89128

702-791-9170 or 877-927-8387

400 N. Stephanie, Suite 180 Henderson, NV 89014

702-791-9100

- Community-based counseling centers that provide a wide range of social and psychological services, including professional readjustment counseling - Available to eligible veterans, active duty service members, and their families

#### Veterans Administration of Southern Nevada Healthcare System

Mike O'Callaghan Hospital

4700 Las Vegas Blvd Nellis AFB, NV 89191

702-653-2260

**Northwest Primary Care** 

3968 N. Rancho Drive Las Vegas, NV 89130

702-791-9020

- Provides A— Z medical services for eligible veterans and their families

North Las Vegas VA Hospital

6900 North Pecos Road N. Las Vegas, NV 89086

702-791-9024

**Southeast Primary Care** 

1020 S. Boulder Hwy Henderson, NV 89015

702-791-9030

## **Northeast Primary Care**

4461 E. Charleston Blvd Las Vegas, NV 89104

702-791-9050

#### **Southwest Primary Care**

7235 S. Buffalo Drive Las Vegas, NV 89113 702-791-9040

#### **Veterans Benefit Administration**

Aid & Attendance and Housebound

- Veterans or their surviving spouses who are eligible to receive a VA pension and require the aid of another person in order to perform personal daily functions such as bathing, feeding, dressing, adjusting prosthetic devices, or are housebound due to a permanent disability may be able to receive an increased monthly pension amount - Nevada residents can make application to: St. Paul VA Regional Office- Claims Intake Center- Attention: St. Paul Pension Center, PO Box 5365- Janesville, WI 53547-5365

## Veteran's Village #1

1150 Las Vegas Blvd So. — Las Vegas, NV 89104

## Veteran's Village #2

50 N. 21st Street — Las Vegas, NV 89101

#### 702-624-5792

- A transitional and permanent housing residence for United States Veterans - Through public and private collaborative partnerships, Veteran's Village provides residents with supplies and services such as housing, medical, mental health, employment training, food pantry, nutrition programs, referrals and placement, and transportation to the VA Hospital and primary care clinics

## **Vocational Rehabilitation and Employment**

VetSuccess Program

#### 800-827-1000

- Assists veterans with service-connected disabilities to prepare for, find, and keep suitable jobs - Provides comprehensive rehabilitation evaluation to determine abilities, skills, and interests for employment - Assists with on the job training, apprenticeships, post-secondary training, case management, counseling and more - Independent living services for veterans who are unable to work due to the severity of their disability

46





## **Volunteer Opportunities**

#### **AARP Nevada**

5820 S. Eastern Avenue #190 — Las Vegas, NV 89119

#### 866-389-5652

- Volunteers are needed to participate in community events, meet with civic groups, advocate with legislatures on key issues, help in the AARP office, and much more - Volunteers conduct presentations, help set-up exhibit booths at fairs, answer emails and submit letters to local newspapers, and more - Email aarpnv@aarp.org for more information

## **Aging & Disability Services Division**

1860 E. Sahara Ave — Las Vegas, NV 89104

## Aging and Disability Resource Center 702-486-3831

- Volunteers are needed to assist local ADRC sites with general office duty tasks such as intake, referral, and application assistance

## Long-Term Care Ombudsman Volunteer Program

#### 702-486-3545

- Volunteers learn how to act as advocates and be a voice for residents in skilled nursing, assisted living and residential group homes who cannot speak for themselves or who request assistance and advocacy

## Medicare Improvements for Patients and Providers Act (MIPPA) 702-486-4581

- Volunteers are needed to assist eligible applicants with Low Income Subsidy and Medicare Savings Plan prescription assistance programs - Volunteers represent the program at health fairs and give presentations

## Medicare SHIP (State Health Insurance Assistance Program)

702-486-3478

- Volunteers are needed to assist seniors and provide information on Medicare

#### Nevada SMP

#### 702-486-3403 or 888-838-7305

- Volunteers assist seniors in recognizing evidence of Medicare, Medicaid and health care provider fraud

#### Blind Center of Nevada

1001 N. Bruce Street — Las Vegas, NV 89101

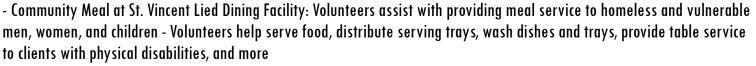
#### 702-642-6000

- Volunteers are needed to assist at the center by greeting members, serving lunch, shopping and helping with the daily programs and activities

#### Catholic Charities of Southern Nevada

1501 Las Vegas Blvd N — Las Vegas, NV 89101

#### 702-385-2662



- Meals on Wheels Tray Line at St. Vincent Lied Dining Facility: Volunteers assist over 2100 clients each day by helping prepare Meals on Wheels trays Volunteers are responsible for placing the appropriate portions of food items on individual trays
- Meals are frozen and delivered to homebound individuals age 60 and over once a week



AARP Nevada



## **Volunteer Opportunities**

#### **Jewish Family Services**

2309 B Renaissance Drive — Las Vegas, NV 89119

#### 702-732-0304



- Volunteers are needed to assist in a variety of areas: Food Pantry workers assist in passing out various food and toiletry items to needy individuals/families - Senior Companions are volunteers are 55 and over who provide assistance and friendship to seniors who have difficulty with daily living tasks such as shopping or paying bills - Delivery Drivers retrieve donated items from various stores and deliver food to homebound clients every other week - Foster Grandparents are role models, mentors and friends to children with exceptional needs - The program provides a way for volunteers are 55 and over to stay active by serving children and youth in their communities

## **Helping Hands Organizations**

Artie J. Cannon Helping Hands of Henderson

102 E. Lake Mead Pkwy Henderson, NV 89015

702-616-6554

James Seastrand Helping Hands of N. Las Vegas

3640 N. 5th Street #130 N. Las Vegas, NV 89032

702-649-7853

**Helping Hands of Vegas Valley** 

2320 Paseo Del Prado, Suite B204

Las Vegas, NV 89102 **702-633-7264** 

Lend a Hand of Boulder City

400 Utah Street

Boulder City, NV 89005

702-294-2363

- Volunteers are needed to provide transportation, companionship and other services to seniors

#### Las Vegas Rescue Mission

480 W. Bonanza — Las Vegas, NV 89106

702-382-1766

- The Mission can always use good volunteers to assist with tasks such as stocking shelves, serving meals, handing out free clothing and more

## Nathan Adelson Hospice

4141 Swenson Street — Las Vegas, NV 89119



- A variety of volunteer opportunities are available to assist in caring for patients and their families

#### Southern Nevada Health District

280 S. Decatur Blvd. — Las Veaas, NV 89107

#### 702-759-0880

SNAD Southern New York Health District

Nathan Adelson

- Volunteers provide administrative services such as typing and filing, customer service duties such as answering phones, providing general info, helping customers complete forms to obtain service - Prospective volunteers must be able to work a minimum of 20 hours per month, interact with the public, attend monthly meetings, etc.

#### Volunteer Center of Southern Nevada

5830 W. Flamingo Road — Las Vegas, NV 89103



- Links individuals, teams, families, and corporate groups to meaningful volunteer opportunities throughout Southern Nevada

## VolunteerMatch.org

- Connects individuals who are interested in volunteering with non-profit organizations around the world - Website which allows individuals to search for causes they care about and link up with non-profits who are in need of volunteers





## www.ClarkCountyNV.gov



## BOARD OF COUNTY COMMISSIONERS

Marilyn Kirkpatrick, Chair · Lawrence Weekly, Vice Chair Michael Naft · Lawrence L. Brown III · Tick Segerblom Justin Jones · Jim Gibson

Yolanda T. King, County Manager